



## MANAGEMENT OF CHILDREN WITH ASTHMA



When a child who had a diagnosis of asthma by a health professional attends the childcare facility, the following actions shall occur:

Each child with asthma shall have a special care plan prepared for the child's source of health care, to include:

- 1) Written instructions regarding how to avoid the conditions that are known to trigger asthma symptoms for the child;
- 2) Indications for treatment of the child's asthma in the center;
- 3) Names, doses and method of administration of any medications, e.g., inhalers, the child should receive for an acute episode and for ongoing prevention;
- 4) When the next update of the special care plan is due;

Based on the child's special care plan, the child's teacher shall receive training, demonstrate competence in, and implement measures for:

- 1) Preventing exposure of the asthmatic child to conditions likely to trigger child's asthma
- 2) Recognize the symptoms of asthma
- 3) Treating acute episodes:
  - a. Parents and staff shall arrange for the facility to have necessary medications and equipment to manage the child's asthma while the child care facility
  - b. Properly trained staff shall promptly and properly administer prescribed medications according to the training provided and in accordance with the special care plan
  - c. The staff shall notify parents of any change in asthma symptoms when that change occurs

Staff shall try to reduce these common asthma triggers by:

- a. Encouraging the use of allergen impermeable nap mats
- b. Prohibiting pets
- c. Discouraging use of perfumes, scented cleaning products, and other fumes
- d. Quickly fix leaky plumbing on other sources of excess water
- e. Prohibiting smoking inside facility or playground
- f. Ensure frequent vacuuming of carpet and during while children are not present
- g. Storing all goods in airtight containers, cleaning up all food crumbs, spilled liquids, and properly disposing of garbage and trash
- h. Keep children indoors when local weather forecasts predict unhealthy ozone levels or high pollen counts