

**KIDS CENTRAL, INC.**



**Celebrate Our Success – Support Our Future**

# **EDUCATION WRITTEN PLANS 2014-2015**

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SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: CURRICULUM

PERSONS RESPONSIBLE: Education staff

RATIONALE: A philosophy shared by the program and the parents, and a planned, organized, consistently implemented curriculum support child development and education. A developmentally appropriate curriculum assists the program in meeting the goals of each individual child and provides experiences to meet such goals. Moreover, it identifies the role of staff members and parents as well as identifies appropriate materials and equipment.

RESOURCES: Head Start Performance Standards, High/Scope Curriculum for the Early Childhood, and Virginia Child Care Licensing Regulations.

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.3(a)(5)

**Curriculum means a written plan that includes:**

**The goals for children's development and learning;**

Our curriculum assists the Early Childhood Development staff in meeting goals for children's development and learning by providing experiences to meet such goals, identifying the roles of staff members and parents and identifying appropriate materials and equipment.

Our primary teaching goal is to help young children use the environment productively, seeing themselves as capable learners that are developing new skills and understandings that will enable them to make sense of the world and to succeed in it.

The Kid's Central Head Start and Early Head Start Program, in collaboration with the parents implement a curriculum that:

- Is based on quality child development principles, has specific goals and objectives for children's development and learning, and are achievable and challenging.

- Supports unexpected learning events, such as snow, ice, a rainbow, things in the environment, etc.
- Is inclusive of indoor and outdoor activities.
- Allows time for children to work alone and in large and small groups.
- Promotes large and small group activities.
- Recognizes and respects children's individual learning styles.
- Provides for the development of cognitive skills by encouraging each child to organize his or her experiences, to understand concepts, and to develop age-appropriate literacy, numeracy, reasoning, problem solving and decision making skills which form a foundation for school readiness and later school success.
- Provides a pleasant environment for the acceptance and inclusion for all children.
- Shows respect for children of all cultures and respect for their families.
- Enhances each child's understanding of self as an individual and as a member of a group.
- Provides each child with opportunities for success to help develop feelings of competence, self-esteem and positive attitudes toward learning.
- Encourages children to use self-help skills in the classroom and their home.
- Provides an environment that is challenging to each individual child, encourages child for his/her accomplishments, and encourages child to encourage others progress as well as their own.

The High Scope Curriculum is a child-oriented curriculum and teaching approach that is the framework for the Kid's Central Head Start and Early Head Start Program. Staff members are encouraged to supplement the curriculum with developmentally and age-appropriate activities in an effort to meet the children's and family needs and the program goals.

High Scope is a research validated and scientifically proven approach to education. It includes teaching strategies and learning objectives in all content areas. High Scope is not only research based, it is also validated and has a 40 year research record.

The advantages of a child-oriented curriculum is that it:

- Provides a concrete and practical approach to development.
- Keeps the focus on children using the Plan-Do-Review Process.
- Supports social development.
- Supports individualization and the inclusion of all children.

- Reduces child stress.
- Offers a clear framework for planning and implementing developmentally appropriate practices.
- Helps parents understand what and how their children are learning.
- Helps implement the Head Start Child Outcomes.

### **Achieving Positive Child Outcomes**

In order to enhance the social competence and school readiness of the children in our program it is essential to ensure that each child has the appropriate experiences and opportunities to achieve positive child outcomes. This requires planning, individualization, professional development, family involvement, and appropriate data collection.

The High Scope curriculum and the Houghton-Mifflin Pre-K align directly with the Head Start Child Outcomes. Through a variety of experiences children are provided opportunities to grow and learn. Individualization is a major component of our curriculum to ensure that each child's developmental needs are met and progress is made. Individualization is an informal process and is documented daily on the lesson plan.

The Child Observation Record allows staff and parents the opportunity to compile data related to the child outcomes and use the information to individualize for each child. This information is also used to determine professional development needs for staff.

Teachers communicate with the parents on a regular basis concerning the progress of each child. The teacher discusses the results of screenings and analyzes the COR results with the parents. The team then discusses what intervention is needed to encourage growth.

Outcomes reports, as generated by the COR are analyzed by each teacher and the education administration three times a year for part year programs and four times a year for full year programs. A plan of action is determined based on the analysis of the data. This plan may include environmental changes, staff training, and future program planning.

# Kids Central, Inc.

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## Head Start & Early Head Start School Readiness Goals

Kids Central, Inc. recognizes the need for school readiness goals to improve the quality of services to the children and families served in Head Start and Early Head Start programs. Kids Central, Inc. established school readiness goals with their community partners, local school representatives, parents and child outcome data. An education advisory committee meeting was held on November 15, 2011 to collect information about school readiness expectations from the local school systems and parents from each program option at Kids Central, Inc. The administration team has worked closely with their Program Specialist and the VA HS ECE Specialists in fine tuning the School Readiness goals. The administration team at Kids Central aggregated and analyzed outcomes which included results from: Ages and Stages Questionnaire 3 (ASQ-3) screenings, HighScope Child Observation Records data (COR), Phonological Awareness Literacy Screening (PALS), Program Information Report (PIR), and the Community Assessment. Outcome data is aggregated and analyzed four times a year for Early Head Start and full year/full time Head Start and three times a year for part year/part time Head Start program options. Goals were established using outcome data, expectations from Wise County Public Schools, Dickenson County Public Schools, City of Norton Public School systems, Virginia's Foundation Blocks for Early Learning, HighScope curriculum expectations, and Kids Central's parents. School Readiness data key findings are shared with the Policy Council and Board Members four times during the program year. The program goals are aligned with the Head Start Child Development and Early Learning Framework, Virginia Foundation Blocks for Early Learning, and the expectation of the public school system in Kids Central's service area. Kids Central recognizes the need to review current school readiness goals to ensure they are aligned with Head Start requirement. Therefore, Kids Central will review and assess school readiness goals annually.

This document includes a list of school readiness goals, the monitoring system in place, parent engagement strategies, staff development, the rationale for each goal, and the alignment of each goal.

### **School Readiness Goals:**

- ❖ All children will demonstrate age appropriate development in fine motor skills.
- ❖ All children will obtain and maintain age appropriate preventive and primary health care.
- ❖ Children will engage in and maintain age appropriate constructive social and emotional relationships with peers.



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- ❖ Children will engage in and sustain age appropriate creative and imaginative expression skills.
- ❖ All children will engage in and maintain age appropriate vocabulary development.
- ❖ Children will engage in and maintain age appropriate phonological skills such as alphabet recognition, name writing, print and word awareness skills.
- ❖ Children will engage in and maintain age appropriate mathematical skills such as, number word and symbol recognition, counting including one-to-one correspondence, quantities, ordinal order and part-whole relationships, shapes, spatial awareness, measuring, and patterns.
- ❖ Children will engage in and maintain age appropriate science skills such as, classifying, experimenting, predicting outcomes, drawing conclusions and communicating their ideas about characteristics of things.

### ***Monitoring***

Kids Central, Inc. uses the following monitoring tools to aggregate and analyze child outcome data: Ages and Stages Questionnaire 3 (ASQ-3), HighScope Child Observation Record (COR), Phonological Awareness Literacy Screening (PALS), Program Resources and Outcomes Management Information System (PROMIS), and Staffings. Refer to each goal for details of which tool and indicators is used to monitoring each of the kindergarten readiness goals. Data is aggregated and analyzed four times each program year for Early Head Start and Full Year/Full Day Head Start program options. The Part Year program options data is aggregated and analyzed three times each program year. The Assistant Director Education Services is responsible for aggregating and analyzing the assessment data.

#### **Ages and Stages Questionnaire 3 (ASQ-3)**

The ASQ-3 is an assessment tool that helps parents provide information about the developmental status of their young child across five developmental areas: communication, gross motor, fine motor, problem solving, and personal-social. The assessment tool is available in 21 versions to allow measurement of development at the following ages: 2, 4, 6, 8, 9, 10, 12, 14, 16, 18, 20, 22, 24, 27, 30, 33, 36, 42, 48, 54, and 60 months of age. Professionals rely on ASQ for the best developmental and social-emotional screening for children from one month to 5 ½ years. Highly reliable and valid, ASQ-3 looks at strengths and trouble spots, educates parents about developmental milestones, and incorporates parents' expert knowledge about their children. During the first 45 days of enrollment teachers/home visitor along with parent complete the Ages and Stages Questionnaire 3 (ASQ-3) on each child served by Kids Central, Inc. This process begins during the initial home visit. The ASQ-3 is repeated if a referral is made by the Assistant

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Director of Child and Family Services. Teachers/home visitors are responsible for using ASQ-3 data to help parents set individual goals for each child and plan learning experiences for their group of children. The Assistant Director of Child and Family Services is responsible for ensuring that all Kids Central children are screened during the first 45 days of enrollment and that referrals are made for children with suspected delays in development. The Assistant Director of Education Services is responsible for aggregating and analyzing the ASQ-3 data for school readiness goals and staff development. To learn more about ASQ-3 use this web link <http://agesandstages.com/what-is-asq/>.

### **HighScope Child Observation Record (COR)**

HighScope's Child Observation Record (COR) is an observation-based instrument providing systematic assessment of young children's knowledge and abilities in all areas of development. The Preschool COR is used to assess children from the ages of 2½ to 6 years. The Infant-Toddler COR is for programs serving children between the ages of 6 weeks and 3 years. The COR is an observational tool. Teachers or caregivers spend a few minutes each day writing brief notes ("anecdotes") that describe significant episodes of young children's behavior. They record their notes in computer files and then classify and rate them according to the COR categories, items, and levels. COR anecdotes, gathered on a child over time and systematically rated according to the COR framework, are the basic units of information that are compiled and analyzed to provide a comprehensive portrait of each child's developmental gains and of the progress of the group as a whole. Teachers/ home visitors are responsible for collecting and entering COR data. They use this data to help parents set goals for each child and plan effective learning experiences for the group of children. . The Assistant Director of Education Services is responsible for aggregating and analyzing the COR data for school readiness goals and staff development. To learn more about HighScope's COR visit their web site at <http://www.highscope.org/>.

### **Phonological Awareness Literacy Screening (PALS)**

The Phonological Awareness Literacy Screening (PALS) provides a comprehensive assessment of young children's knowledge of the important literacy fundamentals that are predictive of future reading success. During the fall and spring before a child is eligible for kindergarten, Kids Central's teachers/home visitors are responsible for completing a PALS screening on each child. Teachers/home visitors are responsible for using this data to help parents set individual goals for each child and plan learning experiences for their group of children. The Assistant Director of Education Services is responsible for aggregating and analyzing the PALS data for school

readiness goals and staff development. To learn more about PALS visit the website at

<http://pals.virginia.edu/>.

### **Program Resources and Outcomes Management Information System (PROMIS)**

Program Resources and Outcomes Management Information System (PROMIS) is a web-based case management system for Head Start organizations. This cutting edge solution covers the complete service cycle and outcome analysis including: (1) Client Intake; (2) Screening and Assessment; (3) Goals Establishment; (4) Service Plan; (5) Service Delivery; (6) Outcome tracking; and (6) Analysis and Evaluation. To learn more about PROMIS visit their website at

<http://promisinfo.cleverex.com/about.html>.

### **Staffings**

A “staffing” is a meeting that includes all persons that are working with the child for the purpose of ensuring that each child receives the services they need from each service area. The meetings are conducted at the center the child attends. The staffing committee is comprised of the teaching staff, the Assistant Director of Education Services or Education Supervisors, Health Services Specialist, Assistant Director of Child and Family Services, and the Family Advocate. Parents are invited and encouraged to attend. Staffings take place a minimum of two times yearly. During the staffing process the child’s file is reviewed and each service area is discussed. Needs are identified and appropriate referrals are made. Supervisors are responsible for ensuring that all referrals are followed up on within one month.

### ***Parent and Family Engagement***

Kids Central recognizes that parents are the number one source when assessing and establishing goals for children. During the application in-take process information is collected from parents to help Kids Central staff plan services for the family. To maintain individualize instruction and learning, families are engaged in setting goals for their child. During the initial home visit parents are ask to share strengths, weakness and goals for their child. Parents along with the teacher/home visitor complete the ASQ-3 within the first 45 days of enrollment. Parents are encouraged to share information about their child anytime. Two home visits and two parent conferences are conducted by the teacher/home visitor to ensure parents are informed of their child’s development and to collect information from the parent to plan learning experience for the child. Parents are encouraged to attend “Family Day” meetings at their child’s center each month conducted by the Family Involvement Specialist and teaching staff. Each

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week, the teacher/home visitor plan at home activities for parents to do with their child that collates with activities they are doing in group settings. Parents are encouraged to participate and give feedback and ideas for Family Day activities along with field trip ideas. Parents are encouraged to visit classrooms and participate in classroom activities. Parents have access to lending libraries in each classroom that foster literacy and math in the home. Parents are invited to child development trainings throughout the program year. Parents are encouraged to participate in the Policy Council, Education Advisory Committee, and the health advisor committee at Kids Central.

### ***Staff Development***

The Assistant Director of Education Services uses child outcome data that is aggregated and analyzed to develop training plans for the education staff. The Assistant Director of Education Services also uses the CLASS observation tool and Preschool Program Quality Assessment (PQA) tool to collect data for education staff training needs. This data is also used for professional development plans. Professional development plans for all staff are developed to ensure quality services at Kids Central, Inc.

## **Head Start & Early Head Start School Readiness Goals**

The rationale for each goal includes key findings from aggregated and analyzed data. Monitoring includes who and what tools were used to collect data for each goal. As evidence of alignment, each goal is listed under the Head Start Child Development and Early Learning Framework domain.

### **Physical Development & Health**

**Goal:** All children will demonstrate age appropriate development in fine motor skills.

#### **Rationale:**

According to the Ages and Stages Questionnaire 3 (ASQ-3), the developmental screening tool used by Kids Central, Inc. which was conducted on all Head Start and Early Head Start children within the first forty-five days of enrollment, fine motor skills were the weakest area of development. In addition to ASQ-3 data teacher observation and COR data also indicate lower scores in fine motor skills. Data indicates around 24% of Kids Central, Inc. children display below average developmental ranges in fine motor skills which signifies a need to increase fine motor skills in the children that Kids Central, Inc. serve.

#### **Monitoring:**

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Kids Central, Inc. education staff will use HighScope COR data to monitor children's fine motor skills. The following HighScope COR Preschool indicators will be used for assessing Head Start children's development: D. Taking care of personal needs, I. Making and building models, J. Drawing and painting pictures, and M. Moving with objects. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children's development: N. Moving parts of the body, and X. Exploring objects.

**Goal:** All children will obtain and maintain age appropriate preventive and primary health care.

### **Rationale:**

According to the Kids Central, Inc.'s Program Information Report (PIR) for the 2010-2011 program year not all children had up-to-date physical examinations, immunizations, and dental care at the beginning of the program year. At the end of the program year some children still lacked age appropriate immunizations and dental follow up which indicated a need to support and educate families on maintaining age appropriate preventive and primary health care.

### **Monitoring:**

The health service specialist will use PROMIS to track and monitor preventive and primary health care for each child. During staffings the staffing team will create an action plan for following up on any preventive and primary health care needs. The health service specialist or child's teacher/home visitor will notify the child's parent when follow-up is needed.

## **Social & Emotional Development**

**Goal:** Children will engage in and maintain age appropriate constructive social and emotional relationships with peers.

### **Rationale:**

After aggregating and analyzing social and emotional development data for Head Start and Early Head Start children using Ages and Stages Questionnaire 3 (ASQ-3) and HighScope Child Observation Records data system (COR), weaknesses in engaging and maintaining positive relationships were revealed. This included COR data that indicated weakness in understanding and expressing feelings and resolving interpersonal conflicts with peers. Over 80% of children demonstrated abilities to request help from adults and could express emotion, however, could not negotiate the resolution of a conflict with another child or identify emotions and give a reason for them.

### **Monitoring:**

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Kids Central, Inc. education staff will use HighScope COR data to monitor children's social and emotional relationships with peers. The following HighScope COR Preschool indicators will be used for assessing Head Start children's development: F. Relating to other children, D. Taking care of personal needs, G. Resolving interpersonal conflict, and H. Understanding and expressing feelings. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children's development: E. Forming an attachment to a primary caregiver, G. Relating to another child, H. Expressing emotion, I. Responding to feelings of others, J. Playing with others, and C. Solving problems.

### **Approaches to Learning**

**Goal:** Children will engage in and sustain age appropriate creative and imaginative expression skills.

#### **Rationale:**

After aggregating and analyzing approaches to learning data for Head Start and Early Head Start children using the HighScope Child Observation Records data system (COR) weaknesses such as creative and imaginative expression were demonstrated. At the beginning of the program year children demonstrated limited abilities to make and build models, in drawing and painting pictures and in pretending with details.

#### **Monitoring:**

Kids Central, Inc. education staff will use HighScope COR data to monitor children's social and emotional relationships with peers. The following HighScope COR Preschool indicators will be used for assessing Head Start children's development: I. Making and building models. J. Drawing and painting, and K. Pretending. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children's development: K. Pretending, L. Exploring building and art materials, and M. Responding to and identifying pictures and photographs.

### **Language & Literacy**

**Goal:** All children will engage in and maintain age appropriate vocabulary development.

#### **Rationale:**

After aggregating and analyzing language development data for Head Start and Early Head Start children using Ages and Stages Questionnaire 3 (ASQ-3), and HighScope Child Observation Records data system (COR) weaknesses were discovered in vocabulary development. According to the ASQ-3 screenings at the beginning of the program year 87% of Early Head Start children

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were assessed as typically developing in communication skills leaving 13% lacking effective communication skills.

**Monitoring:**

Kids Central, Inc. education staff will use HighScope COR data to monitor children’s vocabulary development. The following HighScope COR Preschool indicators will be used for assessing Head Start children’s development: Q. Listening to and understanding speech, R. Using vocabulary, and S. Using complex patterns of speech. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children’s development: R. Listening and responding, S. Communicating interest nonverbally, T. Participating in give-and-take communication, U. Speaking, V. Exploring picture books, and W. Showing interest in stories, rhymes, and songs.

**Goal:** Children will engage in and maintain age appropriate phonological skills such as alphabet recognition, name writing, print and word awareness skills.

**Rationale:**

After aggregating and analyzing literacy development data for Head Start children using HighScope Child Observation Records data system (COR) and Phonological Awareness Literacy Screening (PALS) data weaknesses were discovered in literacy development. According to PALS data results there is an indication that pre-school children at Kids Central, Inc. demonstrated weakness in alphabet recognition, name writing and print and word awareness skills.

**Monitoring:**

Kids Central, Inc. education staff will use HighScope COR data to monitor children’s literacy development. The following HighScope COR Preschool indicators will be used for assessing Head Start children’s development: T. Showing awareness of sounds in words, V. Using letter names and sounds, X. Writing, and W. Reading. The PALS screening tool will also monitor and track children’s literacy skills.

**Cognition & General Knowledge**

**Goal:** Children will engage in and maintain age appropriate mathematical skills such as, number word and symbol recognition, counting including one-to-one correspondence, quantities, ordinal order and part-whole relationships, shapes, spatial awareness, measuring, and patterns.

**Rationale:**

After aggregating and analyzing cognition and general knowledge development data for Head Start and Early Head Start children using HighScope Child Observation Records data system (COR) weaknesses were discovered in the areas of math. Historically, math has been noted as an area of weakness in Southwest Virginia and has been confirmed in the COR results at Kids Central, Inc. which leads to a need for increased focus in math at Kids Central, Inc.

**Monitoring:**

Kids Central, Inc. education staff will use HighScope COR data to monitor children's mathematical skills. The following HighScope COR Preschool indicators will be used for assessing Head Start children's development: BB. Counting, AA. Comparing properties, EE. Identifying materials and properties, CC. Identifying positions and direction, Y. Sorting objects, and Z. Identifying patterns. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children's development: X. Exploring objects, Y. Exploring categories, and Z. Developing number understanding.

**Goal:** Children will engage in and maintain age appropriate science skills such as, classifying, experimenting, predicting outcomes, drawing conclusions and communicating their ideas about characteristics of things.

**Rationale:**

After aggregating and analyzing cognition and general knowledge development data for Head Start and Early Head Start children using HighScope Child Observation Records data system (COR) weaknesses were discovered in the area of science. Historically, science has been noted as an area of weakness in Southwest Virginia and has been confirmed in the COR results at Kids Central, Inc. which leads to a need for increased focus in science at Kids Central, Inc.

**Monitoring:**

Kids Central, Inc. education staff will use HighScope COR data to monitor children's science and mathematical skills. The following HighScope COR Preschool indicators will be used for assessing Head Start children's development: AA. Comparing properties, DD. Identifying sequence, change, and causality, EE. Identifying materials and properties, and FF. Identifying natural and living things. The following HighScope COR Infant/Toddler indicators will be used for assessing Early Head Start children's development: AA. Exploring space, and BB. Exploring time.



### School Readiness Action Plan

GOAL	WHAT (Actions or changes will occur?)	WHO (Who will carry out these changes?)	BY WHEN	RESOURCES (i.e., money, staff needed.)	COMMUNICATION (Who should know what?)
<b>Create and implement a plan of action for achieving the established school readiness goals.</b>	Improve quality of teacher-child interactions  Professional Development Plan	Every Education Staff Member	August and Up-dates as needed.	Assistant Director - Education Services  Assistant Director - Child and Family Services	Executive Director
	Implement evidence-based teaching practices through the implementation of the High Scope curriculum.	Teachers Lead Caregivers Home Visitors	Daily	Education Supervisors  Disabilities Coordinator	Assistant Director - Education Services
	Implement and assess your evidence-based curriculum - High Scope curriculum.	Teachers Lead Caregivers Home Visitors	Daily	Education Supervisors  Disabilities Coordinator	Assistant Director - Education Services
	Increase engagement, communication, and inclusion of parents and families to support children's school readiness through: Daily contact with parents, Home Visits, Parent Conferences, Family Days.	Teachers Lead Caregivers Home Visitors Family Involvement Specialist	Home Visits - 2 time per program year  Parent Conferences - 2 time per program year  Family Days (Parent Meeting)- one per month	Education Supervisors  Disabilities Coordinator	Assistant Director - Child and Family Services  Assistant Director - Education Services
	Provide effective professional development so all staff understand how they support school readiness.	Assistant Director - Education Services  Education Supervisors	Pre-Service  In-Service	Training Budget	Executive Director
	Implement effective transitions and increase continuity through kindergarten and the primary grades	Family Advocates Teachers Lead Caregivers Home Visitors Family Involvement Specialist	Begins with first home visit.  6 months before staff will engage parents in planning the transition.	Education Supervisors  Disabilities Coordinator	Assistant Director - Child and Family Services  Assistant Director - Education Services  Parents

## School Readiness Action Plan

GOAL	WHAT (Actions or changes will occur?)	WHO (Who will carry out these changes?)	BY WHEN	RESOURCES (i.e., money, staff needed.)	COMMUNICATION (Who should know what?)
<b>Assess child progress on an ongoing basis and aggregate and analyze data at multiple times throughout the year</b>	Take advantage of mid-point aggregation and analysis so that the program has opportunities to make changes that can make meaningful school readiness differences for currently enrolled children. The Office of Head Start believes it is important for programs to aggregate and analyze data at least three times per year, or two times for programs operating less than 90 days. Collect data that can be aggregated at the program level.	Assistant Director - Education Services  Assistant Director - Child and Family Services	4 Times per Program Year - After each COR period ends.  August December February June	Ages and Stages Questionnaires (ASQ) Data  High Scope's Child Observation Record (COR) Data  PROMIS Data	Executive Director Board of Directors Policy Council
	Aggregate and analyze child assessment data at multiple points across the year and demonstrate program-level child progress using norms or criterion references.	Assistant Director - Education Services  Assistant Director - Child and Family Services	4 Times per Program Year - After each COR period ends.  August December February June	Ages and Stages Questionnaires (ASQ) Data  High Scope's Child Observation Record (COR) Data  PROMIS Data	Executive Director Board of Directors Policy Council
	Maintain the use of information from ongoing child assessment to inform teachers and parents how best to individualize for each child's continued development and learning, assessing child progress on an ongoing basis across domains.	Assistant Director - Education Services  Assistant Director - Child and Family Services	4 Times per Program Year - After each COR period ends.  August December February June	Ages and Stages Questionnaires (ASQ) Data  High Scope's Child Observation Record (COR) Data  PROMIS Data	Executive Director Board of Directors Policy Council

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<b>GOAL</b>	<b>WHAT</b> (Actions or changes will occur?)	<b>WHO</b> (Who will carry out these changes?)	<b>BY WHEN</b>	<b>RESOURCES</b> (i.e., money, staff needed.)	<b>COMMUNICATION</b> (Who should know what?)
<p><b>Examine data for patterns of progress for groups of children in order to revise, or develop and implement plans for program improvement</b></p>	<p>Program improvements may include professional development adjustments, including specificity, intensity, frequency, and type of training; improving communication and engagement with families; intensifying curriculum supports or implementation; or other similarly responsive efforts based on the analysis of program data.</p>	<p>Assistant Director - Education Services  Assistant Director - Child and Family Services</p>	<p>4 Times per Program Year - After each COR period ends.  August December February June</p>	<p>Ages and Stages Questionnaires (ASQ) Data  High Scope's Child Observation Record (COR) Data  PROMIS Data  Teachers  Parents</p>	<p>Executive Director Education Staff Family Service Staff Board of Directors Policy Council</p>
	<p>Examine the patterns of progress and outcomes (achieved goals) for groups of children served by the program.  o by age o by program settings and/or options</p>	<p>Assistant Director - Education Services  Assistant Director - Child and Family Services</p>	<p>4 Times per Program Year - After each COR period ends.  August December February June</p>	<p>Ages and Stages Questionnaires (ASQ) Data  High Scope's Child Observation Record (COR) Data  PROMIS Data  Teachers  Parents</p>	<p>Executive Director Education Staff Family Service Staff Board of Directors Policy Council</p>

## School Readiness Action Plan 2014-2015

Full Year COR Period	Part Year COR Period	Beginning	Ending	Duration	Action Plan	Time Frame	Person(s) Responsible
2013-2014 4		05/04/14	08/01/14	12 weeks	ASQ – Children who started 6/2 <sup>nd</sup> 45 <sup>th</sup> day is 07/16/14 Discuss Family Period 4 COR report with each family.	1 <sup>st</sup> home visit by Aug. 29 <sup>th</sup>	Teachers/Lead Caregivers
					Report 2013-2014 COR Period 1-4 to Board & PC	Aug. Meeting	Assistant Director Education Services
					1 <sup>st</sup> Round of Staffings Full Year Programs	Begins 06/16/2014	Assistant Directors
2014-2015 1	2014-2015 1	08/04/14	10/31/14	11 Weeks	Children starting 9/2 <sup>nd</sup>	1 <sup>st</sup> home visit by Aug. 29 <sup>th</sup>	Teachers/Lead Caregivers
					ASQ – Children who started 9/2 <sup>nd</sup> - 45 <sup>th</sup> day is 10/17 <sup>th</sup>	By 10/17/14	Teachers/Lead Caregivers
		09/02/14	10/31/14	9 weeks	Fall PALS – Children who turn 4yrs old by Sept. 30, 2014	By 10/30/14	
					Discuss Family Period 1 COR report with each family.	1 <sup>st</sup> Parent Conference 11/3 <sup>rd</sup> – 11/7 <sup>th</sup>	
					1 <sup>st</sup> Round of Staffings Part Year Programs	Begins 09/15/14	
					Report COR Period 1 to Board & PC	Dec. Meeting	Assistant Director Education Services
2014-2015 2	2014-2015 2	11/03/14	02/06/15	11 weeks	Discuss Family Period 2 COR report with each family.	2 <sup>nd</sup> Home Visit 02/09 <sup>th</sup> – 02/13 <sup>th</sup>	Teachers/Lead Caregivers
					2 <sup>nd</sup> Round of Staffings	Begins 01/06/14	Assistant Directors
					Report COR Period 2 to Board & PC	Feb. Meeting	Assistant Director Education Services
	2014-2015 3	02/09/15	04/03/15	8 weeks	Spring PALS –Children who turn 4 by Sept. 30, 2014	04/10/14	Teachers
					Discuss Family Period 3 COR report with each family.	2 <sup>nd</sup> Parent Conference by 04/10 <sup>th</sup>	
2014-2015 3		02/09/15	05/01/14	12 weeks	Spring PALS – Children who turn 4 by Sept. 30, 2014	By 05/08/14	Teachers

2012 – 2013 Education Written Plans

					Discuss Family Period 3 COR report with each family.	2 <sup>nd</sup> Parent Conference By 05/15 <sup>th</sup>	
					Report COR Period 3 to Board & PC	June Meeting	Assistant Directors
2014-2015 4		05/04/15	08/01/15	12 weeks	ASQ – Children who started 6/2 <sup>nd</sup> 45 <sup>th</sup> day is 07/15/15 Discuss Family Period 4 COR report with each family.	1 <sup>st</sup> home visit by Sept. 8 <sup>th</sup>	Teachers/Lead Caregivers
					Report 2014-2015 COR Period 1-4 to Board & PC	Aug. Meeting	Assistant Director Education Services

## LESSON PLAN REQUIREMENTS and CURRICULUM SUPPLEMENTAL RESOURCES

FIRST 30 DAYS	DAILY	WEEKLY	MONTHLY
Pedestrian & Bus Safety Fire Safety; 2 Fire Drills Dental Health Health & Hygiene	Literacy Music & Movement Finger Plays Gross Motor Fine Motor Emergent Issues Individualization Problem Solving Nutrition	Math Activity Science Activity	Safety Topic Cooking Experiences

AGE GROUP	CURRICULUM AREA	SUPPLEMENTAL RESOURCES (Available in the center or resource room at the Administrative Offices)	TRAINING SUPPORT
HS	All areas	Houghton Mifflin PreK	Education Services Director, Education Supervisors
HS	Math	Houghton Mifflin PreK Math	Education Services Director, Education Supervisors
EHS & HS	Dental Health	Bright Smiles, Bright futures	Health Services Manager, Education Services Director, Education Supervisors
HS	All areas	Educating Young Children 3 <sup>rd</sup> ed. (High Scope)	Education Services Director, Education Supervisors
EHS	All areas	Tender Care and Early Learning (High Scope)	Education Services Director, Education Supervisors
EHS & HS	Physical Development and Nutrition	I am Moving, I am Learning	<a href="http://www.choosekids.com">www.choosekids.com</a> , Education Services Director, Education Supervisors
HS	High/Scope	The first 30 day	Education Services Director, Education Supervisors
EHS & HS	Math	High Five Mathematize	Education Services Director, Education Supervisors
HS	Science	Science made Simple	Education Services Director, Education Supervisors
HS	Social Emotion	2 <sup>nd</sup> Step Violence Prevention	Disabilities Coordinator Education Services Director, Education Supervisors
HS	Literacy	Growing Readers Early Literacy	Education Services Director, Education Supervisors

**The experiences through which they will achieve these goals;**

Each Head Start center will have at least one teacher and one teacher assistant. Education services will be provided in each of the 15 classrooms. Each center is equipped with environment, which is conducive to learning. They are set up in children's work areas. Educational services will be provided for six Home Base units including socializations. The four Early Head Start classrooms will be staffed with knowledgeable teachers in order to meet the ratio requirements. Services are also provided by six Early Head Start Home Visitors.

The High Scope Curriculum is based on children's needs and real life experiences, which are determined, by parent input, staff observations, utilizing the COR assessment tool, and developmental screenings and assessments.

The High Scope Curriculum requires staff members to provide real life experiences that facilitate developmentally appropriate learning opportunities for children.

**Program goals are achieved by providing the following experiences at each site:**

- Asking open ended questions and incorporating play as a way for children to learn through books, games, housekeeping skills, building with blocks, art (drawing, painting, writing), numeracy (classifying, measuring), exploration and discovery, etc.
- Promoting health, safety, and nutrition through lesson planning and by integrating information into the work areas. Books, finger-plays, songs, field trips and materials from the agencies (on topic) for children and parents are utilized to facilitate learning as well as create an opportunity for staff and families to discuss various issues with children.
- Providing activities and opportunities for children to express their feelings.
- Integrating all educational aspects of mental health services into program activities.
- Promoting a sense of belonging by encouraging parents to bring in photos of the entire family to be posted in the center, displaying children's artwork at their eye level, and by encouraging children for their efforts.
- Modeling respect for other people and encouraging child to respect others.
- Helping children to deal with their emotions, encouraging conflict resolution, and role modeling. Staff provides a variety of opportunities for children to solve their own problems and to help individual children manage stressful situations and events.
- Providing a learning environment that offers materials, which vary in complexity according to the developmental needs of each child, their interests and abilities.

- Providing a balanced daily program of child initiated and adult directed activities such as art projects, work time, circle time, etc. that includes individual and small group activities.
- Providing opportunities for children to participate in work time and utilizing the Plan-Do-Review process which is an integral part of the High Scope Curriculum.
- Enabling children to independently use toilet facilities when it is developmentally appropriate and when efforts to encourage toilet training are supported by the parents. Children are encouraged to go to the bathroom as needed, always under adult supervision. Parental input is encouraged and sought to provide opportunities for toileting at school and at home.

### **Field Trips Procedures:**

The purpose of a field trip is to provide children with experiences and expand their knowledge. Each field trip should be planned accordingly and be complimentary to the High Scope Curriculum and the Houghton-Mifflin Pre-K supplement.

- The number one concern when planning a field trip is safety.
- Each destination must have proper hand washing and toileting facilities
- Parents should be involved in planning field trips.
- Parents are not required to attend field trip, although they are encouraged.
- Teaching staff are required to submit a field trip request form prior to the trip.
- Field trips must be approved prior to the day of the trip.
- No more than one field trip per week.
- Minimum two field trips per month.
- It is the responsible of the teaching staff to ensure that the trip has been approved.
- If funds are required a purchase requisition must be submitted online with the approved field trip request form attached at least one month in advance.
- Parents must be notified in writing before the tip and must sign a permission trip.
- Field trips cannot be advertised on the monthly calendar prior to approval.
- One field trip to the local library per month.

### **What staff and parents do to help children achieve these goals; and**

- Staff supports each child's individual pattern of development and learning by planning age-appropriate activities. Parents are encouraged to participate in the learning of their child through conferences, home visits, daily contact (during drop off/pick-up) and newsletters. Parents are further encouraged to provide feedback on center activities and to participate in field trips.
- Staff members use a variety of learning opportunities to extend children's thinking by asking open-ended questions. They also encourage children to problem solve, experiment, and explore in their environment. Such experiences foster independence and independent learning.



- A stimulating center environment is provided with age appropriate materials that foster independent learning. The center environment is adapted, if necessary, for children with disabilities. Activities and materials are also adapted to encourage participation by all children. Refer to Guidelines and Strategies for Arranging and Equipping Classroom Space form E-456.
- The Education Services Director, Education Supervisors, Disabilities Coordinator and Teaching staff will assure that assessments are completed for every child enrolled in the Head Start & Early Head Start Program unless there are extenuating circumstances.
- Teaching staff will complete a portfolio on all their children. A portion of the portfolio will contain record-keeping documentation, which reflects each child's development.
- Parents are encouraged to work with their child at home to further complement our curriculum. Kids Central provides a monthly take home packet that includes activities that parents can do at home.
- Lesson Plans: The teaching team will plan daily. Observations of children will be the basis of planning. Plans will incorporate children's needs and interests including cultural, linguistic, social, physical, and developmental.

Lesson Plan Documentation includes:

- Individualization.
- High Scope Routine Format
- Key Developmental Indicators
- School Home Connection

### **The materials needed to support the implementation of the curriculum.**

- The High Scope Curriculum is a flexible curriculum that enables the staff to individualize activities and materials according to the population served at each site.
- Education staff has training on how to implement the High Scope curriculum. Training will be ongoing throughout the year. Any additional training or resources used must be age appropriate as well as developmentally appropriate.
- A schedule is posted and a routine is followed to allow children to know what to expect. However, the schedule is flexible and allows for more time if productive learning is taking place.
- Materials and activities that meet developmental needs of each child are provided at each center. The centers are arranged in work areas: blocks, housekeeping, art, toy, and book and writing.

## Guidelines and Strategies for Arranging and Equipping Classroom Space

### Organizing Space

- The space is inviting to children. It includes
  - Softness
  - Rounded corners
  - Pleasing colors and textures
  - Natural materials and light
  - Cozy places
- The space is divided into well-defined interest areas to encourage distinctive types of play.
- The interest areas include:
  - House area (Must be incorporated)
  - Block area (Must be incorporated)
  - Art area (Must be incorporated)
  - Book & Writing area (Must be incorporated)
  - Toy area (Must be incorporated)
  - Sand and Water (Outside if not in classroom)
  - Music and movement area
  - Computer area
  - Woodworking area
- The space incorporates places for group activities, eating, napping, and storing children's belongings.

### Establishing Interest Areas

- The interest areas are arranged to promote visibility and easy movement between areas:
  - The sand and water area is close to water.
  - The art area is close to water.
  - The block and house areas are close to each other.
  - The toy and book areas are located away from vigorous play areas.
  - The woodworking area is outdoors or near the art area.
  - The computer area avoids screen glare.
- The storage of materials promotes the find-use- return cycle.
  - Similar things are stored together.
  - Children can see into and handle containers.
  - Labels make sense to children. They are made from
    - The materials themselves
    - Photographs, photocopies
    - Pictures
    - Line drawings, tracings
    - Written words in addition to any of the above
- Materials are plentiful, support a wide range of play, and reflect children's family lives.

#### In the sand and water area

- Fill-and empty materials
- Floating materials

- Pretend-play materials
- Alternatives to sand and water
- Waterproof gear and cleanup materials

#### In the block area

- Building materials
- Take-apart-and-put together materials
- Fill-and empty materials
- Pretend-play materials
- Reference photos

#### In the house area

- Cooking and eating equipment
- Pretend and role-play materials
- Homelike materials reflecting children's lives
- Real cooking equipment
- Reference photos and recipes

#### In the art area

- Paper (Diverse type and size)
- Painting
- Fasteners
- Modeling and molding materials
- Collage materials
- Drawing and cutting materials

#### In the toy area

- Sorting and small building materials
- Take-apart-and-put together materials
- Games
- Pretend-play materials

#### In the book and writing area

- Books (Diverse type and size)
- Magazines
- Storytelling props
- Writing materials

#### In the woodworking area

- Tools
- Fasteners

#### In the music and movement area

- Percussion instruments
- Simple wind instruments
- Recording equipment and recordings
- Props for dancing

#### In the computer area

- Software programs appropriate for young children

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN.

PERFORMANCE OBJECTIVE: DEVELOPMENTALLY APPROPRIATE APPROACH TO CHILD DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Abilities, interests, temperaments, developmental rates, and learning styles vary among children. The program environment, therefore, is arranged to accommodate a variety of children's needs and strengths, and to stimulate learning across all domains of development: social, emotional, cognitive and physical

RESOURCES: Head Start Performance Standards, High Scope Curriculum, Virginia Department of Social Services Licensing Standards, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(1)(i)

**(1) In order to help children gain the skills and confidence necessary to be prepared to succeed in their present environment and with later responsibilities in school and life, grantee and delegate agencies' approach to child development and education must:**

**(i) Be developmentally and linguistically appropriate, recognizing that children have individual rates of development as well as individual interests, temperaments, languages, cultural backgrounds, and learning styles;**

In an effort to ensure that Kids Central, Inc. provides a program that is developmentally and linguistically appropriate decisions are made based on three important kinds of information. Utilizing standards provided by the National Association for the Education of Young Children, we take into account our knowledge of child development and learning, what is known about the strengths, interest and needs of each child being served, and finally the social and cultural contexts must be taken into account.

Strategies for implementation:

- Supply a variety of materials and planned activities designed to encourage individual and group play;
- Provide opportunities for children of all ages and abilities to experience success
- Increase the complexity and challenge of activities, as children develop
- Use a variety of materials found in the home when conducting a home visit;
- Observe children and identify the ways children interact with the environment

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN.

PERFORMANCE OBJECTIVE: INCLUSION

PERSONS RESPONSIBLE: Education Staff and Disabilities Coordinator

RATIONALE: Agencies honor the individuality of each enrolled child with disabilities by following the child's IFSP or IEP and by ensuring that each child receives the specialized education and support he or she requires

RESOURCES: Head Start Performance Standards, High Scope Curriculum, Virginia Department of Social Services Licensing Standards, Mental Health Provider, Individuals with Disabilities Education Act, Lead Education Agencies

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(1)(ii)

**(ii) Be inclusive of children with disabilities, consistent with their Individualized Family Service Plan (IFSP) or Individualized Education Program (IEP) (see 45 CFR 1308.19);**

Children with special needs are mandated with services through IDEA. Head Start provides an avenue for children with special needs to receive services in a setting alongside their typically developing peers. Kid's Central, Incorporated promotes acceptance of children with disabilities. Our program supports the following procedures:

- No less than ten percent of enrolled children have disabilities.
- Children are screened within 45 days of enrollment.
- Standardized developmental screening tools are utilized to assess the child's physical, social-emotional, cognitive, motor, adaptive, and language skill.

- If screenings (i.e., hearing, speech, physical, social-emotional, cognitive, or developmental) are failed, children are referred to the public school systems for an evaluation.
- Screening results are shared with each family upon completion of the screening. The results are shared with the parents during the first parent-teacher conference. The information is explained and parents are encouraged to ask questions if they are unclear about any section of the screening. If a delay is suspected, further evaluation of the child may be necessary.
- Parents are encouraged to actively participate in the entire evaluation process. Once the evaluation is complete, and IEP is written for children who meet the eligibility criteria (see Disabilities Written Plan). Parents and teaching staff are valued members of the IEP team. Both parties have valuable information to share concerning the child's developmental needs. IEP's are reviewed and updated, at a minimal, annually.
- Note: A few children already have an IEP.
- Services are provided for children with disabilities, such as speech, physical therapy, and mental health services are also provided through public school systems and community partners.
- Center environments (indoor and outdoor) are adapted (if necessary) and are easily accessible, to meet each child's needs.
- Activities and materials provided meet each child's individual needs.
- Activities are developmentally and age-appropriate.
- At least one IEP goal/objective is addressed weekly.
- The staff members (teacher and teacher assistants) refer to the children's IEP goals/objectives in order to monitor progress. Progress must be noted at least once a month for IEP goals/objectives.
- Ongoing Assessment (refer to Assessment Section): Portfolios, observations, home visits, parent/teacher conference reports and progress reports will assure ongoing assessment and inclusion of all children.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN.

PERFORMANCE OBJECTIVE: DIVERSITY

PERSONS RESPONSIBLE: Education Staff

RATIONALE: Respecting individual children nurtures a positive sense of self in each child, and enhances the development of the skills need to communicate and interact with others. Encouraging an understanding of human diversity helps children to grow up confident of their identity and to be respectful to the identity of others.

RESOURCES: Educating Young Children, Head Start Performance Standards, Virginia Department of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(1)(iii)

**(iii)Provide an environment of acceptance that supports and respects gender, culture, language, ethnicity and family composition;**

Diversity is supported by staff who provide an environment sensitive to gender, culture, language, ethnicity and family structure. Multi-cultural materials are provided in each classroom, including but not limited to puzzles, music, books, dolls, art supplies, and dress up clothes.

Teachers are encouraged to utilize the attached Family Experiences Classroom Checklist provided by the High Scope Curriculum to ensure compliance in the area of diversity. Education form E-455.

Teachers are responsible for ensuring that the classroom environment reflects the cultures representative of each family served in the classroom.

Teachers are encouraged to provide activities that promote cultural awareness. Cooking experiences should when possible be multicultural.

Parents are encouraged to visit and participate in the classroom. Parents are encouraged to share information about their culture, language, etc.

Families are encouraged to bring family pictures into the center to demonstrate differences in family compositions.

Teachers encourage and model respect and appreciation of others.



## Family Experiences Classroom Checklist

**How well does your classroom reflect children's home settings? To evaluate your setting, here is a checklist that is organized by several interest areas.**

### **Art area**

- Paint, crayons, and paper mirror skin colors of people in the community.
- Other art materials representing the art and crafts of the community are available (for example, weaving supplies, clay).

### **Block area**

- Toy people are multiracial and without sex-role stereotyping.
- Animal figures simulate those found in you area (for example, house pets).
- Toy vehicles represent those found in community.

### **Book area**

- Books written in children's home languages are included.
- Books depict a variety of racial, ethnic, and cultural groups, focusing on modern lifestyles and including natural-looking illustrations of people.
- References to color in books are nonstereotypic (avoid books that associate black with evil, white with purity and goodness).
- Books represent a variety of family situations, including single-parent families, two-parent families, biracial couples, step-parents, and children cared for by extended family members.
- Books portray women and men in realistic situations, with girls and boys playing active roles, and both women and men seen as independent problem-solvers.
- Books show children and adults with various disabilities. Disabled characters are portrayed as real people who happen to have handicaps rather than as objects of pity.

### **House area**

- There are multiracial girl and boy dolls with appropriate skin colors, hair textures and styles, and facial features.
- Contents and arrangement of house area reflect homes found in community (for example, patio area in the southwest.)
- Kitchen utensils, empty food containers reflect what children see their family members using.
- Dress-up clothing is reflective of the community, including occupations of the children's parents.
- Whenever possible, child sized wheelchairs, crutches, glasses with lenses removed, and so forth, are available.

### **Music and movement area**

- Music tapes and instruments are reflective of children's cultures.
- A variety of instruments are available for children's use.
- Movement games that are characteristic of the culture are played.

### **Toy area**

- Puzzles reflect the community atmosphere (for example, rural or urban).
- Puzzles represent occupations of parents and others in the community.
- Toy figures, puzzles, and so forth, depict multiracial people and avoid sex-role stereotyping.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN.

PERFORMANCE OBJECTIVE: DAILY PROGRAM (CENTER BASED)

PERSONS RESPONSIBLE: Education Staff

RATIONALE: A child's development is supported by a balanced program of learning experiences. During early childhood, children's learning and development is enhanced by opportunities to take initiative, make meaningful choices, and to learn the consequences of decision making. Adults support learning with a curriculum based upon sound principles of child development, and which responds to each child's needs and interests.

RESOURCES: Educating Young Children, Head Start Performance Standards, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(1)(iv)

**(iv) Provide a balanced daily program of child-initiated and adult-directed activities, including individual and small group activities;**

Teachers are responsible for developing a daily routine that is conducive to the children being served and aligned with the High Scope curriculum. Consideration should be given to the arrival and departure time, snacks and lunch time, time to participate in group activities and work independently, and finally time to rest.

Teachers are responsible for planning daily activities that vary in ability and interest.

Teachers are responsible for planning and documenting planned daily activities on the Daily Lesson Plans form.

Guidance for completing a Lesson Plan:

- Entire classroom staff should complete lesson plans as a team
- Use accurate information about each child (anecdotes and interest)
- The team makes decisions by interpreting observation and planning what to do next
- Growing Readers should be implemented at least twice each week
- Houghton-Mifflin supplement should be utilized on a daily basis

Refer to following attached examples:

- Daily Routine (Part day)
- Daily Routine (Full day)
- Daily Routine Early Head Start (Full day)
- Daily Lesson Plans (Head Start)
- Daily Lesson Plans (Early Head Start)

**Daily Routine (Part day)**

9:00 A.M.	Arrival
9:00 – 9:35 A.M.	A. M. Snack: Family style, wash hands before and after.
9:35 – 9:50 A.M.	Circle Time: Read a story, play a game, sing songs, dance etc...
9:50 – 10:00 A.M.	Planning Time: Children plan what they are going to do during work time.
10:00 – 10:45 A.M.	Work Time: Children actively explore learning center areas following their plans.
10:45 – 10:55 A.M.	Clean-Up: Together children put material away and prepare for recall.
10:55 – 11:05 A.M.	Recall: Children remember their work time experiences.
11:05 – 11:45 A.M.	Lunch: Family style, wash hands before and after.
11:45 – 12:00 P.M.	Teeth Brushing/Quite Activity
12:00 – 12:20 P.M.	Small Group: Children work on an activity such as science, manipulatives, literacy etc...
12:20 – 1:30 P.M.	Outside Time: Lots of gross motor activities
1:30 – 2:30 P.M.	Rest Time: Children rest, Quiet activity for non sleeping children.
2:30 – 3:00 P.M.	P.M. Snack: Family style, wash hands before and after.
3:00 P.M.	Departure

**Daily Routine (Full day)**

7:30 – 8:30 A.M.	Arrival & Quiet Activities
8:30 – 9:00 A.M.	Breakfast: Family style, wash hands before and after.
9:00 – 9:15 A.M.	Circle Time: Read a story, play a game, sing songs, dance etc...
9:15 – 9:30 A.M.	Planning Time: Children plan what they are going to do during work time.
9:30 – 10:30 A.M.	Work Time: Children actively explore learning center areas following their plans.
10:30 – 10:40 A.M.	Clean-Up: Together children put material away and prepare for recall.
10:40 – 10:50 A.M.	Recall: Children remember their work time experiences.
10:50 – 11:50 P.M.	Outside Time: Lots of gross motor activities
11:50 – 12:30 A.M.	Lunch: Family style, wash hands before and after.
12:30 – 12:50 P.M.	Teeth Brushing/Quite Activity
12:50 – 1:10 P.M.	Small Group: Children work on an activity such as science, manipulatives, literacy etc...
1:10 – 2:10 P.M.	Outside Time: Lots of gross motor activities
2:10 – 3:10 P.M.	Rest Time: Children rest, Quiet activity for non sleeping children.
2:30 – 3:00 P.M.	P.M. Snack: Family style, wash hands before and after.
3:00 – 3:20 P.M.	Story Time
3:20 – 3:40 P.M.	Small Group: Children work on an activity such as science, manipulatives, literacy etc...
3:40 – 5:30 P.M.	Departure/Quiet Activities/Outside

**Early Head Start Daily Routine (Full day)**

7:30 – 8:30 A.M.	Arrival & Quiet Activities
8:30 – 9:00 A.M.	Breakfast: Family style, wash hands before and after.
9:00 – 9:30 A.M.	Diaper changes and Choice Time
9:30 – 10:00 A.M.	Choice Time: Children actively explore learning center areas.
10:00 – 10:45 A.M.	Outside Time: Lots of gross motor activities
10:45 – 11:00 A.M.	Small Group: Children work on an activity such as science, manipulatives, literacy etc...
11:00 – 11:50 A.M.	Diaper changes and Choice Time
11:50 – 12:30 A.M.	Lunch: Family style, wash hands before and after.
12:30 – 2:30 A.M.	Rest Time: Children rest, Quiet activity for early risers.
2:30 – 3:00 P.M.	Outside Time: Lots of gross motor activities
3:00 – 3:20 P.M.	P.M. Snack: Family style, wash hands before and after.
3:20 – 3:40 P.M.	Song Time
3:40 – 5:30 P.M.	Departure/Quiet Activities/Outside

## Daily Lesson Plans

### Head Start

Date: 09/01/2011

Center: Esserville

	Key Developmental Indicators(s)	Activities	Individualization <small>To maintain confidentiality each child is assigned a number.</small>
Circle Time	Language and Literacy	Welcome to school! Audio CD Discussion: Oral Language Card 1 Read Big Book: Lots of Feelings Letter Time: Introducing the ABCs Rhyme: One, Two, Buckle My Shoe	# 15 Singing Alphabet Song # 20-Discuss feelings
Planning & Recall	Group 1: Language and Literacy  Group 2: Language and Literacy	Group 1: Point to or say a letter in child's name. Use alphabet chart on wall. Group 2: Sort letters and say them. Use letter magnets.	# 35-Letters in name # 10-Letter A
Work Time	Social Relations	Dramatic Play: School Time!	# 25-Discuss feelings about school # 30 Discuss feelings about school # 60- Discuss feelings about school
Small Group	Group 1: Language and Literacy  Group 2: Classification	Group 1: Introducing the Alphabet  Group 2: Circles and Ovals	# 35-Singing Alphabet Song # 65-Singing Alphabet Song # 55-Sorting # 45-Name circle
Gross Motor / Outside	Movement and Music & Classification	Walk around a circle and sing "Ring Around the Rosie" Find circles. Hop or Jump over circles.	# 40-Name circles # 50-Hopping
Home School Connection	Week 1 Newsletter  Activity Pack repeat activity 5	Ask families to look for letters in different places in their neighborhood. Sing the alphabet song.	Ask families to look for circle in their home. Draw circles.

## Daily Lesson Plans

### Early Head Start

Date: 09/01/2008

Center: EHS Appalachia

	Key Developmental Indicators(s)	Activities
<b>Songs &amp; Story Time</b>	Communication and Language	Book: <u>All About Me</u> Songs: Twinkle-Twinkle-Little Star A fly is on your nose Baa-Baa Black Sheep
<b>Art</b>	Creative Representation	Give child a large crayon and a large piece of paper. Let him/her scribble on the paper. Cut the paper into different shapes and hang it on the wall.
<b>Music &amp; Movement</b>	Movement Music	Using musical instruments sing "If you're happy and you know it" and march to the beat of music.
<b>Gross Motor / Outside</b>	Movement with objects Movement with whole body	-Will use Squirrel & Puppy Ride On s To Strengthen Children s legs -Stepping up the steps to slide down the slide -Using push toy
<b>Other Activities</b>	Exploration and Early Logic	Encourage children to notice textures while touching things  Encourage children to be observant and notice object characteristics -such as colors and shapes.
<b>Home School Connection</b>	Activity Packet: Repeat activity # 3	Open and Close-Set out Objects such as boxes, plastic containers-purses- and books or magazines-Close some of the objects and leave the others open. Ask your child to tell you which objects are open and which are closed.

### INFANT/TODDLER INDIVIDUALIZATION PLAN (To maintain confidentiality each child is assigned a number.)

1 Self Help Skills Encourage child to drinking from a small cup and wipe mouth etc...	2 Listening Skills Let child listen to tapes-records or music.	3 Listening Skills Read <u>All About Me</u> to child.	4 Name body parts-eyes ,nose mouth, hair-feet hand-fingers-toes-etc.
5 Using the potty-clapping hands when child uses potty-Child looks at potty book while using potty.	6 Name every day objects such as: chair-book, table etc...	7 Teaching child how to use to use a book. How to turn pages-point to words-front and back of book etc...	8 Putting together and taking apart a 4 piece puzzle.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN.

PERFORMANCE OBJECTIVE: TOILET TRAINING

PERSONS RESPONSIBLE: Teachers, Assistants, Disabilities Coordinator

RATIONALE: When developmentally appropriate, toilet training provides opportunities for children to learn self-control, autonomy, and responsibility. Milestones for children in toilet training include: (1) muscle control; (2) emotional readiness and a willingness to cooperate; and (3) the ability to communicate toileting needs.

RESOURCES: Head Start Performance Standards, Virginia Dept. of Social Service Licensing Standards, Lead Education Agencies, Mental Health Providers, Health Advisory Board, Potty Training Resource List

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(1)(v)

**(v) Allow and enable children to independently use toilet facilities when it is developmentally appropriate and when efforts to encourage toilet training are supported by the parents.**

To help children use toilet facilities independently staff work in collaboration with the parents to understand the biological, physical and emotional stages of toilet training.

Teachers are responsible for providing the family with resources to support the toilet training effort at home and in the classroom.

Parent conferences and home visits allow time for developing a joint plan for toilet training when both parties agree that it is developmentally appropriate for the child.

Refer to Potty Training Resource List

## **POTTY TRAINING RESOURCES**

**(Are available in the center or resource room at the Administrative Offices)**

### **Videos**

Once Upon a Potty Time – VHS

Pull Ups: Potty Training Success – DVD

Bear in the Big Blue House: Potty Time – VHS

### **Web Sites**

[www.pottytrainingconcepts.com](http://www.pottytrainingconcepts.com)

[www.pull-ups.com](http://www.pull-ups.com)

[www.kinderinfo.com](http://www.kinderinfo.com)

[www.mypottytrainig.com](http://www.mypottytrainig.com)

[www.pottysong.com](http://www.pottysong.com)

[www.learn2potty.com](http://www.learn2potty.com)

[www.diaperfreebaby.com](http://www.diaperfreebaby.com)

[www.itspottytime.com](http://www.itspottytime.com)

### **Free Materials**

[www.pottytrainingconcepts.com](http://www.pottytrainingconcepts.com)

[www.pull-ups.com](http://www.pull-ups.com)

[www.learn2potty.com](http://www.learn2potty.com)

### **Free E-Courses & Newsletters**

[www.kinderinfo.com](http://www.kinderinfo.com)

[www.mypottytraining.com](http://www.mypottytraining.com)

### **Naturalistic Approach**

[www.diaperfreebaby.com](http://www.diaperfreebaby.com)



**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** PARENT INVOLVEMENT

**PERSONS RESPONSIBLE:** Education Staff, Family Advocates, Family & Community Partnerships Director

**RATIONALE:** Parents are integral partners in the process of planning and implementing curriculum, as they can share knowledge about their children, and are crucial in reviewing the effectiveness of the curriculum. Parent participation is valuable in assisting parents to increase their knowledge about child development and education, thereby enhancing their ability to serve as their children's primary teacher and to help staff make the curriculum meaningful for children.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(2)(i)

**(2) Parents must be:**

**(i) Invited to become integrally involved in the development of the program's curriculum and approach to child development and education;**

Parents are encouraged to attend monthly parent meeting at each center. Teachers use this opportunity to discuss ways to implement the curriculum. This includes field trip suggestions and classroom activities. This is also an opportunity for parents to inform the teacher of the individual interest of each child.

Parents participate in the yearly self assessment process.

Parents are invited to attend the Education Advisory Committee meetings. The Education Advisory Committee reviews the curriculum on a regular basis and determines if the curriculum is meeting the needs of the program.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: PARENT INVOLVEMENT

PERSONS RESPONSIBLE: Education Staff

RATIONALE: Parents increase their observational skills through participation with their children in group settings and in the home, and through training with staff to become more effective in using child observations to plan the curriculum.

RESOURCES: Educating Young Children, Head Start Performance Standards, Child Observation Record, Tender Care & Early Learning (High Scope for infants and toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(2)(ii)

**(ii) Provided opportunities to increase their child observation skills and to share assessments with staff that will help plan the learning experiences; and**

Parents are a critical part of their child's assessment team. In order to get a global view of a child's development, the staff member asks developmental questions of the parents.

Parents are involved in the completion of the Ages and Stages Questionnaire. Parents are invited to complete this questionnaire or collaborate with the teaching staff in order to complete it.

Teachers are responsible for utilizing the parent meetings as an opportunity to teach appropriate observation skills and child development concepts.

Parents are encouraged to share observations with their child's center teacher/teacher assistant. Input about their child preferences, abilities, learning styles, strengths/weakness and more are noted daily and utilized to individualize services for their child.

Parents are provided the opportunity to contribute anecdotal records for their child. These anecdotes are compiled with anecdotes taken by the teaching staff and used to track the child's growth and development.

During parent/teacher conferences and home visits, families and staff discuss the curriculum, parental observations (i.e., child strengths and needs) and parental suggestions.

Staff and parents have an opportunity to discuss the child's strengths and needs at this time. For more detailed information please review the Parent Conferences and Home-Visit section of the education plan.

Parents are encouraged to work in the center and observe how their child is interacting with the staff and their level of participation in activities.

Teachers will communicate regularly with parents with reference to their child's daily class routines. Avenues for communicating with parents are listed below:

- Daily contact with parent on site.
- Phone contact
- The Good News Gazettes are routed to the parents in an effort to communicate information about daily activities (i.e., weekly theme, what the children have/will learn activities, etc.)
- Home visits
- Parent Conference
- Notes & Letters,
- Monthly Calendars (upcoming classroom activities)

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** PARENT CONFERENCES & HOME VISITS

**PERSONS RESPONSIBLE:** Education Staff

**RATIONALE:** Staff-parent conferences and home visits enhance adult's knowledge and understanding of the developmental progress of children in the program.

**RESOURCES:** Educating Young Children, Tender Care & Early Learning (High Scope for Infants and Toddlers),  
Head Start Performance Standards,

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(2)(iii)

**(iii) Encouraged to participate in staff-parent conferences and home visits to discuss their child's development and education (see 45 CFR 1304.40(e)(4) and 45 CFR 1304.40(i)(2)).**

Staff understands the importance of building a relationship based on trust and mutual respect. This relationship is the foundation for parent involvement, encouraging parents to attend parent conferences and allowing staff to visit their home for a home visit.

Teachers are required to visit the home of each enrolled child at least two times during the school year. The first home visit should take place before the child enters the program. This allows time for the teacher to meet the family and the child in their most comfortable setting. The teacher introduces the child to Head Start by reviewing with them the parent handbook. This allows the teacher an opportunity to cover important topics that are relevant to the child's Head Start experience.

#### Timely Completion of Home Visit Within Program Year

It is essential to ensure a smooth transition into our program and timely and efficient transitions within our program. The following procedure ensures the above:

1. When a child is accepted into the program after the school year has begun, or transitions from one program option to another during the school year, the current teacher is required to do a home visit and complete the appropriate paperwork.
2. The teacher is required to contact the family of the new child within 24 hours of receiving the child's file to schedule the home visit and inform the family of the child's first date of attendance.
3. The Initial Home Visit must be completed within 3 program days of receiving the file.
4. If the child is already enrolled in the program and is changing program options, the child can begin immediately upon the center staff receiving the file. However, the home visit must be completed by the classroom teacher or home visitor within one week.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** SOCIAL AND EMOTIONAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff & Families

**RATIONALE:** An environment that is responsive to each child, and that is predictable and consistent, strengthens a child's confidence in approaching new challenges, and enhances the development of trust.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards,

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(3)(i)(A)

**(3) Grantee and delegate agencies must support social and emotional development by:**

**(i) Encouraging development which enhances each child's strengths by:**

**(A) Building trust;**

Staff fosters trust by respecting children's diversity, culture, and family composition. Materials and activities are provided to create a sense of belonging for children and their families. When staff members have bilingual children in their center they make an effort to communicate with them in their primary language while supporting the continued development of English. In some instances, a bilingual assistant may be need in order to better serve the child.

Staff members listen to the children and respond to verbal and nonverbal cues.

Whenever possible, staff model, facilitate and encourage self-expression through art, writing, story telling, music, etc. Social-emotional activities are incorporated into the daily lesson plan. Children are encouraged to express their feelings to staff, peers, and family members.

The program encourages families to keep their children in the same center or homebase program throughout the year to provide consistency for the child and to foster trust. Building trust is important and helps foster learning and independence. Children have a greater capacity for learning in an environment where they feel secure.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: SOCIAL AND EMOTIONAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Children develop independence gradually, through self-initiated behavior supported by adults. Children’s independence is linked to their developing trust and confidence in themselves and others.

RESOURCES: Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards,

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(3)(i)(B)

**(B) Fostering independence;**

Staff fosters independence, by encouraging self-help skills such as brushing teeth, washing hands, and toileting. Staff helps families and children, achieve independent toileting skills when it is developmentally appropriate for the child.

Learning centers and daily activities, including meals, clean-up time, etc. provide opportunities for children to problem-solve through experimentation, play, inquiry, and exploration. Staff members model and facilitate these developmental skills in an effort to foster independent learning.

Materials and activities provided are developmentally appropriate. Children will actively explore when opportunities for success are presented. In the same sense, items presented must provide an opportunity for the child to construct his/her own learning.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: SOCIAL AND EMOTIONAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Self Control is one element of social and emotional development that enables children to form friendships, to communicate effectively, to use others as resources for problem solving, and to gain social competence.

RESOURCES: Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(3)(i)(C)

**(C) Encouraging self-control by setting clear, consistent limits, and having realistic expectations;**

Daily schedules are posted at each site to encourage consistency and predictability. Schedules provide general activities and a flexible time frame in which activities will be completed. Each schedule provides an opportunity for children to engage in a variety of age-appropriate activities.

Simple and clear procedures are taught and reinforced at each site. Staff is encouraged to involve the children in the process of creating the center procedures. Staff models appropriate problem-solving behaviors and support positive social behaviors.

When needed staff redirect inappropriate behaviors. Punitive techniques and corporal punishment is prohibited.

Staff and families work together to build bridges between home and school.

Classroom Management Procedure:

It is understood that each child served is unique and has different learning styles. The same principle is used when discussing behavior modification techniques.

The ABC record is utilized by staff to document an inappropriate behavior and the antecedents and consequences related to the behavior.

The following is a overview of different behavior modification programs and techniques that are appropriate.

### **1-2-3 Magic**

A simple discipline program based on three important steps.

1. Controlling undesirable behavior
2. Encouraging good behavior
3. Maintaining healthy relationships

### **High Scope's Steps to Resolving Conflict**

1. Approach calmly, stopping any hurtful action
  - Place yourself between the children on their level.
  - Use a calm voice and gentle touch
  - Remain Neutral rather than take sides
2. Acknowledge children's feelings
  - "You look really upset"
  - Let children know you need to hold any object in question.
3. Gather information
  - "What's the problem?"
4. Restate the problem.
  - "So the problem is ..."
5. Ask for ideas for solutions and choose one together.
  - "What can we do to solve this problem?"
  - Encourage children to think of a solution
6. Be prepared to give follow-up support
  - "You solved the problem!"
  - Stay near the Children.



SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: SOCIAL AND EMOTIONAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Children who are encouraged to respect the feelings and rights of others engage in positive relationships that build social competence.

RESOURCES: Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(3)(i)(D)

**(D) Encouraging respect for the feelings and rights of others; and**

Respect for the feelings and rights of others are encouraged by providing materials (i.e., books, puppets, etc.) and activities (music, art, etc.) that foster positive social behaviors

Staff members promote social behaviors, such as cooperation; turn taking, and self-awareness, through modeling and role playing.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** SOCIAL AND EMOTIONAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Incorporating the home language and culture throughout the curriculum supports the development of social competence and demonstrates respect for the values and beliefs of the family. Understanding and respecting the culture, social background, religious beliefs, composition, and childrearing practices of each family supports social and emotional development.

**RESOURCES:** Tender Care & Early Learning (High Scope for Infants & Toddlers), Infant-Toddler Programs (High Scope for Infants & Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(3)(i)(E)

**(E) Supporting and respecting the home language, culture, and family composition of each child in ways that support the child's health and well-being; and**

Supporting and respecting the home language, culture, and the family composition of each child in ways that support the child's health and well being by showing respect, listening, responding, avoid stereotyping of sex roles, racial and ethnic cultures. Staff provide a variety of lessons depicting different environments, dolls, books, and activities that reflect the composition of our families and others in the community.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** SOCIAL AND EMOTIONAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Predictable, daily schedules incorporate routines that support emotional stability in children; and transition activities throughout the day can be used as learning opportunities to facilitate various changes.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(3)(ii)

**(ii) Planning for routines and transitions so that they occur in a timely, predictable and unrushed manner according to each child's needs.**

Daily schedules are followed in order to foster routine and predictability for the children. Teachers use transitioning strategies in order to make the children comfortable with the change.

Staff plan for transitions with individual children in mind.

The Daily schedule is comprised of child friendly pictures and is posted at a child's eye level.

Refer to DAILY PROGRAM (CENTER BASED) for more information.

**Sample Transition Strategies for Use in the Classroom:**

- Keep to a minimum the number of transitions between activities, places and caregivers
- Start new activities right away (children become distracted when waiting)
- When waiting time cannot be avoided plan ways to keep children actively involved
- Plan enjoyable ways for groups of children to move from one place to another
- Alert children of upcoming changes
- Offer appropriate choices to individual children before transition
- Decide where to position adults during transition times
- Adults plan for clean up time (longest transition during the day)

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** COGNITIVE AND LANGUAGE DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Through meaningful interaction with adults, other children, and a rich environment, children gain knowledge and understanding of the world. Strategies that support the development of cognitive and language skills allow exploration in both indoor and outdoor environments.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards,

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(4)(i)

**(4) Grantee and delegate agencies must provide for the development of each child's cognitive and language skills by:**

**(i) Supporting each child's learning, using various strategies including experimentation, inquiry, observation, play and exploration;**

Staff supports each child's learning, using various strategies, including experimentation, inquiry, observation, play and exploration. A variety of experiences, projects, materials, problem solving tasks, and ideas to extend children's learning are provided. The children are given the opportunity to construct their own learning.

Staff promotes expanded thinking and learning through modeling, cuing and encouragement. Age appropriate activities and materials that respect each child's individual rate of learning are utilized to facilitate and reinforce children's learning.

Our program also promotes cognitive development by posing problems, asking open-ended questions, and making comments and suggestions to stimulate independent thinking skills and extend children's learning. The classroom environment, activities, and materials provided at each site encourage and facilitate knowledge of emerging skills in real life experiences.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: COGNITIVE AND LANGUAGE DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Children communicate ideas and feeling through gestures, words, pictures, body movements, and sounds. Creative expression in all of these areas helps children to experience success, to develop competence, and to acquire self-confidence.

RESOURCES: Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(4)(ii)

**(ii) Ensuring opportunities for creative self-expression through activities such as art, music, movement, and dialogue;**

Our program ensures opportunities for self-expression through a variety of activities including, art, music and dialogue by encouraging children to freely move from center to center or area to area.

Staff members hang children's pictures and urge them to share their artwork with the class .

Each site provides opportunities for dance, song, and language on a daily basis.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** COGNITIVE AND LANGUAGE DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Children develop language skills by communicating with others; and they use verbal and nonverbal communication to share feelings and to express ideas.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(4)(iii)

**(iii) Promoting interaction and language use among children and between children and adults; and**

Children have plenty of opportunities to use dialogue with peers and ask questions.

By respecting children's developing skills in English and in their own language, staff members support the child's primary language. Staff uses a variety of strategies to provide opportunities for children to expand their language skills through a variety of activities.

Staff model and facilitate appropriate language use through meaningful conversation by expanding, rather than correcting children's speech.

**Strategies to promote Language:**

- Talking with children about personally meaningful experiences
- Establish a climate in which children feel free to talk
- Be available for conversation throughout the day
- Place yourself at children's physical level
- Listen carefully to what the children are saying
- Give children control of conversations
- Accept children's hesitations and nonverbal utterances
- Learn and remember each child's particular interest

- Encourage children to talk with each other
- Provide opportunities for cooperative projects and play
- Make time to talk with children
- Look for comfortable opportunities for dialogue
- Describe objects, events and relations
- Provide children with interesting materials and experiences
- Encourage children to talk about their plans
- Tell stories, recite poems and rhymes
- Make up stories, poems and rhymes

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** COGNITIVE AND LANGUAGE DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Children need a foundation for reading and mathematics. The development of this foundation results from the interaction of children's early experiences, relationships with adults and other children, and maturation. The development of skills related to literacy and numeracy is an ongoing part of a child's cognitive development.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(4)(iv)

**(iv) Supporting emerging literacy and numeracy development through materials and activities according to the developmental level of each child.**

The educational staff integrates numeracy and literacy into their lesson plans. Activities and material are provided to encourage children to be independent thinkers. A print rich environment is facilitated in order to foster early literacy skills.

Work areas support literacy and numeracy by providing file folder games, manipulatives, books, and opportunities for asking questions, child initiated lesson plans, supporting children's awareness of numbers and letters, story telling, finger-plays, songs, and blocks.

Opportunities for children to reflect upon their experiences and see their words being written by adults are provided to encourage literacy.

Labels and pictures are placed on shelves and walls in each center.

Growing Readers activities geared towards promoting literacy in the classroom. These activities should be planned at least two times each week.



**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

**PERFORMANCE OBJECTIVE:** PHYSICAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** A child's gross motor development is important to overall health. As such, that development is important to the achievement of cognitive skills, the promotion of agility and strength, neural processing, kinesthetic confidence, general body competence, and overall autonomy. Gross motor development is gained through regular play and movement, both indoors and outdoors.

**RESOURCES:** Educating Young Children, Virginia Dept of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers), Head Start Performance Standards

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (a)(5)(i)

**(5) In center-based settings, grantee and delegate agencies must promote each child's physical development by:**

**(i) Providing sufficient time, indoor and outdoor space, equipment, materials and adult guidance for active play and movement that support the development of gross motor skills;**

The program promotes each child's physical development by:

- Allowing for at least one hour of outdoor time each day.
- Planned indoor gross motor activities throughout the day
- Providing wheel toys, climbers, blocks, jump rope, balls, dance, exercise opportunities to run, jump, climb, march, crawl, hop, skip, etc. in an effort to facilitate gross motor development.
- Adopting the "I am Moving, I am Learning" curriculum in each center.

**Strategies for promoting active play and movement:**

- Play position games with children
- Look for opportunities to swing, bend, rock and twist with children
- Play games that focus on one movement at a time
- Encourage children to move in a variety of ways
- Provide time and space to move with objects
- Provide a wide variety of easy to manipulate materials

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: PHYSICAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Fine motor development is important to a child's arm and hand strength, manual dexterity, eye-hand coordination, the manipulation and exploration of objects, and the development of other skills necessary for learning.

RESOURCES: Head Start Performance Standards, High Scope Curriculum (Educating Young Children), Ages & Stages Questionnaire, Child Observation Record

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(5)(ii)

**(ii) Providing appropriate time, space, equipment, materials and adult guidance for the development of fine motor skills according to each child's developmental level; and**

Teachers are responsible for planning experiences for developing fine motor skills using play dough, cutting, writing, drawing, buttoning, lacing, zipping, using tongs, working puzzles, tearing paper, etc.

**Strategies for promoting fine motor skills:**

- Providing manipulatives (puzzles, small blocks, etc)
- Encouraging use of writing materials
- Play-dough
- Encouraging self feeding
- Lacing Beads and Cards
- Sign Language
- Fingerplays

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: CLASSROOM ENVIRONMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: A responsive, inclusive environment supports the needs of all children, and it provides ways for each child to participate in all program activities.

RESOURCES: Head Start Performance Standards, High Scope Curriculum, Virginia Department of Social Services Licensing Standards, Mental Health Provider, Individuals with Disabilities Education Act, Lead Education Agencies

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(5)(iii)

**(iii) Providing an appropriate environment and adult guidance for the participation of children with special needs.**

Adapting materials and equipment so that all children can take part in activities providing spaces that make play equipment and materials accessible to all children.

Making accommodations and using strategies to integrate children in all regular classroom activities utilizing the IEP or IFSP.

Staff will be sensitive to parental concerns and expectations.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN

PERFORMANCE OBJECTIVE: PHYSICAL DEVELOPMENT (HOMEBASE PROGRAM)

PERSONS RESPONSIBLE: Education staff

RATIONALE: Parents need to understand the importance of physical development in a child's overall development so they will provide opportunities for active play.

RESOURCES: Head Start Performance Standards, High Scope Curriculum, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (a)(6)

**(6) In home-based settings, grantee and delegate agencies must encourage parents to appreciate the importance of physical development, provide opportunities for children's outdoor and indoor active play, and guide children in the safe use of equipment and materials.**

Home Visitors utilize the "I am Moving, I am Learning" initiative during Home Visits and at socializations. Parents are encouraged to participate and continue to provide opportunities for active play throughout the week. Home Visitors encourage parents to ensure that the outdoor play equipment at their home is safe and appropriate.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

**PERFORMANCE OBJECTIVE:** SOCIAL AND EMOTIONAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** To support the development of infants and toddlers, the curriculum focuses on relationships, respect, and responsiveness of the child development services. Social and emotional development of infants and toddlers is based upon their relationship with their caregivers. For healthy social and emotional development, infants and toddlers need the attention of consistent care giving. Staff who understand the child's family culture and speak the home language reinforce an infant's or toddler's emotional security and trust. A safe and secure environment nurtures positive relationships with peers and adults.

**RESOURCES:** Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (b)(1)(i)

**(1) Grantee and delegate agencies' program of services for infants and toddlers must encourage (see 45 CFR 1304.3(a)(5) for a definition of curriculum):**

**(i) The development of secure relationships in out-of-home care settings for infants and toddlers by having a limited number of consistent teachers over an extended period of time. Teachers must demonstrate an understanding of the child's family culture and, whenever possible, speak the child's language (see 45 CFR 1304.52(g)(2));**

Each staff member is required to have an Infant/Toddler CDA or its equivalent within one year of hire as an Early Head Start Teacher. Every effort is made to staff centers with teachers that have chosen Early Head Start as a profession with the intention of long term involvement.

Teachers are trained and reminded of their primary role of caregiver and the importance of stability and relationships in relation to the development of infants and toddlers. Teachers are aware of the importance of practicing developmentally appropriate practices, especially when making decisions regarding their classroom.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

PERFORMANCE OBJECTIVE: SOCIAL AND EMOTIONAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Children’s feelings of security and attachment influence all aspects of development, including the curiosity and confidence necessary to explore the environment.

RESOURCES: Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (b)(1)(ii)

**(ii) Trust and emotional security so that each child can explore the environment according to his or her developmental level; and**

Early Head Start teachers provide an environment of encouragement. The teachers make every effort to be predictable and to make children comfortable. The classroom is supplied with developmentally appropriate items that allow children to be successful and avoid frustration.

Every effort is made to ensure that children’s needs are met in a timely manner also fostering trust and security.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

PERFORMANCE OBJECTIVE: SOCIAL AND EMOTIONAL DEVELOPMENT

PERSONS RESPONSIBLE: Education staff

RATIONALE: Adults enhance all areas of development by supporting infants and toddlers with a broad array of experiences that are interesting to the child and promote sensory and motor exploration.

RESOURCES: Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (b)(1)(iii)

**(iii) Opportunities for each child to explore a variety of sensory and motor experiences with support and stimulation from teachers and family members.**

Teachers provide daily activities that encourage sensory and motor experiences. Materials in the classroom are provided to promote sensory activities including, but not limited to books, puzzles, blocks, and balls. Teachers encourage children to manipulate and explore the provided materials based on their individual level of development.

Motor experiences are also provided daily. This includes gross and fine motor activities. These activities are designed for children based on their level of development using the materials in the classroom as well as on the playground.



**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

**PERFORMANCE OBJECTIVE:** SOCIAL AND EMOTIONAL DEVELOPMENT

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** The social and emotional growth of infants and toddlers develops through their relationships with caregivers. A safe and secure environment nurtures positive relationships with peers and adults.

**RESOURCES:** Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (b)(2)(i)

**(2) Grantee and delegate agencies must support the social and emotional development of infants and toddlers by promoting an environment that:**

**(i) Encourages the development of self-awareness, autonomy, and self-expression; and**

Teachers encourage children to learn and be able to recognize different feeling and emotions. Prior to language development that is sufficient to verbalize feeling and emotions teachers encourage the use of the “Baby Signs” program. This program is centered on the principle that children can recognize feelings and needs before they develop the language to relay their needs. Sign language is used to demonstrate feelings and basic needs. This aids in avoiding behavior issues that are contingent upon a child not being able to verbalize his/her feelings.

The EHS classrooms are supplied with books and puzzles that promote self-awareness. These books have pictures of real toddlers taking part in everyday activities. Mirrors are also provided in the classroom to support self-awareness. Finally, teachers are encouraged to display pictures of the children throughout the classroom environment also encouraging self-awareness.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

**PERFORMANCE OBJECTIVE:** COMMUNICATION

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Children acquire and develop communication skills through observation and practice. They learn verbal and nonverbal means of communicating needs, thoughts, and feelings by imitating the behaviors of others.

**RESOURCES:** Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (b)(2)(ii)

**(ii) Supports the emerging communication skills of infants and toddlers by providing daily opportunities for each child to interact with others and to express himself or herself freely.**

Communication is fostered in every aspect of the EHS daily routine. Children are encouraged to talk and interact with each other for the majority of the day. The “Baby Signs” program also encourages communication with infants prior to the development of language needed to communicate. Teachers facilitate the communication and interaction between the children allowing them to interact appropriately. Teachers support the interaction and encourage growth and development.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

**PERFORMANCE OBJECTIVE:** PHYSICAL DEVELOPMENT (GROSS MOTOR)

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** A comprehensive program for infants and toddlers encourages play and active exploration to support the development of gross motor skills which enhance self-confidence, independence, and autonomy.

**RESOURCES:** Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (b)(3)(i)

**(3) Grantee and delegate agencies must promote the physical development of infants and toddlers by:**

**(i) Supporting the development of the physical skills of infants and toddlers including gross motor skills, such as grasping, pulling, pushing, crawling, walking, and climbing; and**

The classroom environment is organized to allow room for various gross motor activities or accommodations are made to insure that gross motor activities are encouraged throughout the day. The classroom is supplied with various gross motor toys such as, push toys, trikes, slides, and wagons etc.

Appropriate accommodations are made to ensure that children learning to crawl, cruise and walk can do so safely. The surfacing is soft ensuring safety. Soft mats and climbers are accessible for the infants to explore.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR INFANTS AND TODDLERS

**PERFORMANCE OBJECTIVE:** PHYSICAL DEVELOPMENT (FINE MOTOR)

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Infants and toddlers develop fine motor skills through sensory exploration and opportunities to practice the coordination of specialized motions.

**RESOURCES:** Head Start Performance Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (b)(3)(ii)

**(ii) Creating opportunities for fine motor development that encourage the control and coordination of small, specialized motions, using the eyes, mouth, hands, and feet.**

Opportunities to promote gross motor skills are part of the daily routine. For example toddlers are encouraged to self feed promoting hand eye coordination.

Teachers also plan activities daily to provide opportunities for fine motor development. Teachers use a variety of materials to promote development of fine motor skills according to the age and developmental level of the child. For young infants toys such as rattles, hand mirrors, teething, etc are provided to promote specialized motions. For toddlers teachers encourage play with the materials provided in the classroom, such as, puzzles, books, blocks, etc. in addition to planned activities that are appropriate for example play dough as a small group activity.

***Highchairs***

To promote fine motor development during meals with infants and toddlers highchairs may be used if deemed appropriate for the individual child. Generally guidelines for appropriate use of highchairs (but not limited to):

- Children who are bottled feed will not use highchairs.
- Adults will sit next to the highchair during feedings.
- Children will only use highchairs for meals.
- If a child can self-feed, walk and sit they will use the traditional table and chair.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** CURRICULUM

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** A philosophy shared by the program and the parents, and a planned, organized, consistently implemented curriculum support child development and education, meet the goals for children's development and learning, provide experiences to meet such goals, identify the roles of staff members and parents, and identify appropriate materials and equipment. The curriculum is based upon sound principles of child growth and development, and is responsive to each child based upon what staff and parents know about individual children.

**RESOURCES:** Educating Young Children, Head Start Performance Standards, Virginia Department of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (c)(1)(i)

**(c)Child development and education approach for preschoolers.**

**(1) Grantee and delegate agencies, in collaboration with the parents, must implement a curriculum (see 45 CFR 1304.3(a)(5)) that:**

**(i) Supports each child's individual pattern of development and learning;**

Teachers are aware that children grow and develop at individual rates and have different learning styles. This is taken into consideration when planning daily activities. Parents are encouraged to contribute and suggest activities based upon their child and his/her interest.

Individualization is a key component of our curriculum. The COR assessment tool is used to analyze each child's developmental strengths allowing the teaching staff to plan appropriate activities building upon those strengths as determined collaboratively by teachers and parents.

The daily routine provides time for children to play alone and in small groups. It also provides time for child initiated activities as well as teacher directed activities, ensuring that each child has time daily to pursue his/her own interest.

Lesson plans are created by the teaching staff with ideas for individualization in mind. Staff ensure that they individualize with each child fostering growth and development.

Refer to CURRICULUM under CHILD DEVELOPMENT AND EDUCATION APPROACH FOR ALL CHILDREN for more in depth information.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** CURRICULUM

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Children expand their knowledge and skills through a variety of experiences and interactions with other children and adults. Intellectual development is reinforced and extended through opportunities to engage in meaningful work that stimulates questioning, forming ideas, and represent what is being learned.

**RESOURCES:** Educating Young Children, Head Start Performance Standards, Virginia Department of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (c)(1)(ii)

**(ii) Provides for the development of cognitive skills by encouraging each child to organize his or her experiences, to understand concepts, and to develop age appropriate literacy, numeracy, reasoning, problem solving and decision-making skills which form a foundation for school readiness and later school success;**

The Plan-Do-Review part of each day fosters cognitive growth. In making daily plans, following through on them and then recalling what they have done teaching children to articulate their intentions and reflect on their actions. They begin to realize they are competent thinkers, decision makers, and problem solvers.

Teachers incorporate daily activities that are developmentally appropriate for children to learn concepts and skills including numeracy, literacy, science, social studies, art, music and movement. Materials are provided to support each of these areas.

The High Scope curriculum provides key developmental indicators that support each area of development and align with the Head Start Child Outcomes.

Growing Readers is a resource used to provide appropriate literacy activities for children based upon their developmental level.

Houghton-Mifflin Pre-K is a supplemental resource to support literacy, numeracy and social skills in the classroom. It is a scientifically researched based “hands on” program that aligns with key critical learning goals for preschool age children. It contains colorful images and rich literature. It is designed to be a comprehensive and integrated supplement to assist children in developing foundational skills needed to succeed as life long learners.



SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

PERFORMANCE OBJECTIVE: CURRICULUM

PERSONS RESPONSIBLE: Education staff

RATIONALE: Children develop habits and attitudes about physical health, mental health, and nutrition through a wide variety of experiences.

RESOURCES: Educating Young Children, Head Start Performance Standards, Virginia Department of Social Services Licensing Standards, Tender Care & Early Learning (High Scope for Infants and Toddlers)

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (c)(1)(iii)

**(iii) Integrates all educational aspects of the health, nutrition, and mental health services into program activities;**

“I am Moving, I am Learning” is the primary resource utilized to promote health and nutrition in the classroom and at home. Parents are trained on the IMIL curriculum and encouraged to implement its principals at home. Kids Central provides appropriate nutritious meals and snack daily encouraging healthy eating.

The Houghton-Mifflin resource is available to promote mental health awareness in the classroom. Books and activities are utilized to encourage children to recognize and respond to their own feeling and emotions, fostering mental health wellness.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** CURRICULUM

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Emotional security forms the base from which children increase their confidence, initiative, and ability to develop positive social relationships.

**RESOURCES:** Head Start Performance Standards, High Scope Curriculum, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (c)(1)(iv)

**(iv) Ensures that the program environment helps children develop emotional security and facility in social relationships;**

The teaching staff enhances emotional security for children in various ways including:

- Providing a stable and predictable classroom environment
- Recognize and encourage relationships among children
- Assist children in resolving their own conflicts
- Model appropriate communication skills
- Respect children's feeling and ideas

**Strategies for facilitating a positive social and emotional environment:**

- Sharing control
- Focusing on children's strengths
- Forming authentic relationships
- Supporting children's play
- Adopting a problem solving approach to social conflict

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** CURRICULUM

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** The curriculum supports the individuality of children, strengthens their self-confidence, assists them in recognizing themselves as individuals, and increases their skills in relating to others.

**RESOURCES:** Head Start Performance Standards, High Scope Curriculum, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (c)(1)(v)

**(v) Enhances each child's understanding of self as an individual and as a member of a group;**

Teaching staff encourages self awareness in a variety of ways including:

- providing each child with a cubby for their personal belongings
- placing pictures of each child and their families in the classroom
- allowing children opportunities to express their feelings
- providing appropriate materials allowing children to recognize their feelings
- providing a daily routine and smooth transitions
- modeling respect
- encouraging parents to respectfully display their child's work

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

PERFORMANCE OBJECTIVE: CURRICULUM

PERSONS RESPONSIBLE: Education staff

RATIONALE: The implementation of the curriculum provides opportunities for each child to succeed, feel confident in his or her abilities, and develop positive attitudes toward learning.

RESOURCES: Head Start Performance Standards, High Scope Curriculum, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (c)(1)(vi)

**(vi) Provides each child with opportunities for success to help develop feelings of competence, self-esteem, and positive attitudes toward learning; and**

The teaching staff encouraged children to do as much for themselves as possible including daily care activities. Staff are available for support and encouragement and are aware that children need to be independent as much as possible.

Teachers are encouraged to utilize the theory of Blooms Taxonomy in the classroom, encouraging children to develop complex thinking skills. Teachers provide open ended activities and allowing children to feel successful and increase their self confidence.

Finally, teachers acknowledge children's achievements and progress.

SUBJECT: CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

PERFORMANCE OBJECTIVE: CURRICULUM

PERSONS RESPONSIBLE: Education staff

RATIONALE: The curriculum utilized indoor and outdoor settings and a variety of equipment and materials to broaden children’s learning and experiences. Individual and small group activities allow children to understand others and themselves in relationship to others.

RESOURCES: Head Start Performance Standards, High Scope Curriculum, NAEYC’s Developmentally Appropriate Practice in Early Childhood Programs

TIMELINE: June - May

OPERATIONAL PROCEDURE: 1304.21 (c)(1)(vii)

**(vii) Provides individual and small group experiences both indoors and outdoors.**

The daily routine provides time for both small group and individual experiences daily. The classroom environment is arranged in learning centers allowing for both individual and small group play.

The outdoor play environment also provides opportunities for different kinds of play experiences.

Teachers are encouraged to utilize Houghton-Mifflin and Growing Readers for small and large group activities. In addition child initiated activities should take place in small and large groups.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** OBSERVATIONS AND ASSESSMENTS

**PERSONS RESPONSIBLE:** Education staff

**RATIONALE:** Flexible and dynamic programs support children’s development and changing knowledge and skills, as well as their individual strengths and needs.

**RESOURCES:** Head Start Performance Standards, High Scope Curriculum, NAEYC’s Developmentally Appropriate Practice in Early Childhood Programs

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1304.21 (c)(2)

**(2) Staff must use a variety of strategies to promote and support children's learning and developmental progress based on the observations and ongoing assessment of each child (see 45 CFR 1304.20(b), 1304.20(d), and 1304.20(e)).**

Staff continually observe and document children’s behaviors and progress. These observations become part of High Scope’s COR assessment program. This information is used to assist the teacher in developing appropriate activities that support a range of development. Parents are including in the assessment process during parent conferences and home visits. They are also invited to contribute to their child’s COR records.

Materials, activities and the environment set up is determined based upon the continual observation and needs of the children being served.

**SUBJECT:** CHILD DEVELOPMENT AND EDUCATION APPROACH FOR PRESCHOOLERS

**PERFORMANCE OBJECTIVE:** CURRICULUM

**PERSONS RESPONSIBLE:** Education staff

**RESOURCES:** Head Start Performance Standards, High Scope Curriculum, NAEYC's Developmentally Appropriate Practice in Early Childhood Programs, Home Visitors Guide to Homebase Programs

**TIMELINE:** June - May

**OPERATIONAL PROCEDURE:** 1306.33

**Provide one home visit per week per family (a minimum of 32 home visits per year) lasting for a minimum of 1 and ½ hours each.**

**Provide, at a minimum, two group socialization activities per month for each child (a minimum of 16 each year.**

**Make up planned home visits or scheduled group socialization activities that were canceled by the grantee or by program staff when this is necessary to meet the minimum stated above. Medical or social services appointments may not replace home visits or scheduled group socialization activities**

Part year home visitors are required to visit each family at least 32 times during the school year.

Full year Early Head Start home visitors are required to visit each family at least 46 times during the program year.

Socializations are to be held at the socialization center at least once each month. The additional socialization can be a field trip experience and must be approved by an Education Supervisor.

Home Visitors meet weekly with support/administration staff to debrief the prior week. The team works concurrently to assure that home visits are being rescheduled if cancelled and to ensure that each enrolled family receives the appropriate services.

## Home Base Socialization Procedure

All Head Start and Early Head Start Home Base Teachers

Policy:

It shall be the policy of the Home Base Program of Kids Central, Inc. regarding Socialization Events to become self sufficient. This means that all planning and the implementation for the socialization events which are required under our operating contract must be completed by the Home Base Teacher utilizing available support staff to meet the goals of the Home Base Program. Kids Central, Inc requires at a minimum that two (2) Socialization Events per month take place. The dates and the events are to be scheduled through the Education Division and approved by the Education Director prior to any publicity or announcement of event made to the parents or the public. Kids Central, Inc. will monitor the events and will look for involvement of the parents in the planning and the implementation of the event. If food is a requirement for the event it will be the complete responsibility of the Home Base Teacher to coordinate with the Nutrition Services Division to ensure that the menu is approved and that food is ordered and delivered to the Socialization Center. The clean-up of the meal is the responsibility of the Home Base Teacher and the parents in attendance. Again we urge you to involve your parents in this process from start to finish.

Procedure:

1. Plan the event with the Parents at a Parent Meeting if possible.
2. Complete a proposal for the event naming the following items in the proposal:
  - a. Date
  - b. Time
  - c. Place
  - d. Activity planned and rationale for the event
  - e. Menu (the food provided will be the same as the menu for the day in the Head Start Center)
  - f. Any equipment needed for the event
  - g. Any transportation needed for the event
  - h. Any funds needed for the event to cover the cost of admissions, etc.
3. Submit the proposal at least two (2) weeks in advance of the scheduled date. If funds are required the proposal must be submitted one month in advance. Approvals must be secured for the following prior to the event being scheduled:
  - a. The date must be cleared with the Education Department
  - b. The menu (if changes are made) must be approved by the Nutrition Division to meet standards and for the food to be ordered
  - c. A purchase order must be approved for any purchases or charges to be made for the event.
  - d. A request to the Transportation Division (if needed) must be cleared prior to the event being approved.
  - e. Finally the Education Director or Education Supervisor will return the approved request to the Home Base Teacher for publication and announcement to the Parents and the public.



### **Classroom Pictures Procedure**

- The Center staff is responsible to ensure that a maximum of 15 pictures are submitted prior to the end of each month. These pictures should be sent to the webmaster by e-mail or CD format.
- Center staff is responsible for confirming that the pictures were received. This should be done through email.
- Center staff is responsible for reviewing their center page on the website to ensure that the appropriate pictures are posted.
- The Center staff is responsible for securing multi-media permission on each child and ensuring that children without permission are not pictured on the web.

**Cooking Experiences Policy & Procedure**

In order to fulfill the requirement of USDA and to provide diverse foods to our children, cooking experiences are required at least once each month. This is an opportunity for children to take part in preparing their own snack or meal. The activity should allow an optimal amount of hands-on learning. It is encouraged that activities allow children the opportunity to measure, stir, spread, etc and the recipe should be introduced in a child friendly format facilitating emergent literacy skills

- Center staff are required to submit a E-412 form to the Food and Nutrition Assistant prior to the activity for approval
- Take into consideration what fruits and vegetables are in season for cost purposes.
- It is encouraged to include multicultural activities
- Cooking experiences are not required to be difficult. The goal is to allow children the opportunity to participate and be successful.

## CURRICULUM RESOURCES

AGE GROUP	CURRICULUM AREA	RESOURCES (Available in the center or resource room at the Administrative Offices)	TRAINING SUPPORT
EHS	High/Scope	Infant-Toddler Key Experience Posters (Large)	Education Supervisors
EHS	High/Scope	Building a High/Scope Program: Infant-Toddler Programs	Education Services Director, Education Supervisors
EHS	High/Scope	Tender Care and Early Learning: Supporting Infants and Toddlers in Child Care Settings	Education Services Director, Education Supervisors
EHS	High/Scope	The High/Scope® Approach for Under Threes, U.S. Edition Video	Education Services Director, Education Supervisors
EHS	Problem Solving	<i>It's Mine!</i> Responding to Problems and Conflicts DVD	Education Services Director, Education Supervisors
EHS	High/Scope	The High/Scope Approach for Under Threes	Education Services Director, Education Supervisors
EHS & HS	Problem Solving	Steps in Resolving Conflicts Wall Chart	Education Services Director, Education Supervisors
EHS & HS	Problem Solving	The Inclusive Learning Center Book-for Preschool Children with Special Needs	Education Services Director, Education Supervisors
EHS & HS	High/Scope	Educating Young Children-Mary Hohman and David P. Weikart	Education Services Director, Education Supervisors
EHS & HS	Space	Setting Up The Learning Environment	Education Services Director, Education Supervisors
EHS & HS	High/Scope	The Daily Routine-A day High/Scope Preschool	Education Services Director, Education Supervisors
EHS & HS	Problem Solving	Antecedents Behaviors Consequences(ABC)	Education Services Director, Education Supervisors
EHS & HS	Social	Local Fire Department	Education Services Director, Education Supervisors
EHS & HS	Social	Local Sheriffs Department	Education Services Director, Education Supervisors
EHS & HS	Social	Local Health Department	Education Services Director, Education Supervisors
HS	Social	Moving Past Praise: Supporting Children With Encouragement - DVD	Education Services Director, Education Supervisors
HS	High/Scope	High/Scope Preschool Key Experience Posters	Education Services Director, Education Supervisors
HS	Environment	Getting Started: Materials and Equipment for Active Learning Preschools	Education Services Director, Education Supervisors
HS	Problem Solving	1-2-3 Magic-Managing Difficult Behavior in Children	Education Services Director, Education Supervisors
HS	Problem Solving	More-Encouraging Good Behavior, Independence and Self-Esteem	Education Services Director, Education Supervisors
HS	High/Scope	High/Scope s Demonstration Preschool-How Adults Support Children At Work Time	Education Services Director, Education Supervisors
HS	High/Scope	High/Scope s Demonstration Preschool-How Adults Support Children At Recall	Education Services Director, Education Supervisors

