



March 2018 Full Year

<p>Thursday March 1 Day 9</p>	<p>Friday March 2 Day 1</p>
<p>Rice Krispy's 1/3 cup Blueberries ½ cup 1% milk ¾ cup</p>	<p>Oatmeal ¼ cup Peaches ½ cup 1% milk ¾ cup</p>
<p>Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup</p>	<p>Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup</p>
<p>Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water</p>	<p>Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water</p>

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Center _____

Monday March 5 Day 2	Tuesday March 6 Day 3	Wednesday March 7 Day 4	Thursday March 8 Day 5	Friday March 9 Day 6
Biscuit ½ w/ gravy Orange Juice ½ cup 1% milk ¾ cup	Cornflakes 1/3 cup Banana ½ cup 1% milk ¾ cup	Pancakes (1) Sausage ½ Strawberries ½ cup 1% milk ¾ cup	Whole Wheat Butter Toast ½ Eggs (1) Applesauce ½ cup 1% milk ¾ cup	Cheerios 1/3 cup 100% Orange Juice ½ cup 1% milk ¾ cup
Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup	Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup	Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup
Vanilla Wafers ½ cup 1% milk ½ cup Water	Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water	Yogurt ½ cup Peaches ½ cup Water	Fresh Orange ½ cup 1% milk ½ cup Water

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Monday March 12 Day 7	Tuesday March 13 Day 8	Wednesday March 14 Day 9	Thursday March 15 Day 1	Friday March 16 Day 2
Whole Grain English Muffin ½ w/ Cheese Pineapples ½ cup 1% milk ¾ cup	Bran/Blueberry Muffin (1) Banana ½ cup 1% milk ¾ cup	Rice Krispy's 1/3 cup Blueberries ½ cup 1% milk ¾ cup	Oatmeal ¼ cup Peaches ½ cup 1% milk ¾ cup	Biscuit ½ w/ gravy Orange Juice ½ cup 1% milk ¾ cup
Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup	Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup	Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup
Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water	Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water	Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	Vanilla Wafers ½ cup 1% milk ½ cup Water

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Monday March 19 Day 3	Tuesday March 20 Day 4	Wednesday March 21 Day 5	Thursday March 22 Day 6	Friday March 23 Day 7
Cornflakes 1/3 cup Banana ½ cup 1% milk ¾ cup	Pancakes (1) Sausage ½ Strawberries ½ cup 1% milk ¾ cup	Whole Wheat Butter Toast ½ Eggs (1) Applesauce ½ cup 1% milk ¾ cup	Cheerios 1/3 cup 100% Orange Juice ½ cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese Pineapples ½ cup 1% milk ¾ cup
Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup	Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup
Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water	Yogurt ½ cup Peaches ½ cup Water	Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water

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Monday March 26 Day 8	Tuesday March 27 Day 9	Wednesday March 28 Day 1	Thursday March 29	Friday March 30
Bran/Blueberry Muffin (1) Banana ½ cup 1% milk ¾ cup	Rice Krispy's 1/3 cup Blueberries ½ cup 1% milk ¾ cup	Oatmeal ¼ cup Peaches ½ cup 1% milk ¾ cup	IN SERVICE	HOLIDAY
Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup	Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup	Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	IN SERVICE	HOLIDAY
Saltine Crackers (4) w/ cheese 1% milk ½ cup Water	Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water	Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	IN SERVICE	HOLIDAY

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