



February 2018 Part Year

Thursday February 1	Friday February 2
IN SERVICE	IN SERVICE
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This institution is an equal opportunity provider and employer.

Center _____

Monday February 5 Day 9	Tuesday February 6 Day 1	Wednesday February 7 Day 2	Thursday February 8 Day 3	Friday February 9 Day 4
Rice Krispy's 1/3 cup 1% milk ¾ cup	Oatmeal ¼ cup 1% milk ¾ cup	Biscuit ½ w/ gravy 1% milk ¾ cup	Cornflakes 1/3 cup 1% milk ¾ cup	Pancakes (1) Sausage ½ 1% milk ¾ cup
Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup	Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup	Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup
Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water	Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	Vanilla Wafers ½ cup 1% milk ½ cup Water	Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water

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Monday February 12 Day 5	Tuesday February 13 Day 6	Wednesday February 14 Day 7	Thursday February 15 Day 8	Friday February 16 Day 9
Whole Wheat Butter Toast ½ Eggs (1) 1% milk ¾ cup	Cheerios 1/3 cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese 1% milk ¾ cup	Bran/Blueberry Muffin (1) 1% milk ¾ cup	Rice Krispy's 1/3 cup 1% milk ¾ cup
Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup	Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup
Yogurt ½ cup Peaches ½ cup Water	Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water	Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water

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Monday February 19 Day 1	Tuesday February 20 Day 2	Wednesday February 21 Day 3	Thursday February 22 Day 4	Friday February 23 Day 5
Oatmeal ¼ cup 1% milk ¾ cup	Biscuit ½ w/ gravy 1% milk ¾ cup	Cornflakes 1/3 cup 1% milk ¾ cup	Pancakes (1) Sausage ½ 1% milk ¾ cup	Whole Wheat Butter Toast ½ Eggs (1) 1% milk ¾ cup
Cheeseburger 1oz. meat CN label ½ oz. cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup	Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup	Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup
Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	Vanilla Wafers ½ cup 1% milk ½ cup Water	Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water	Yogurt ½ cup Peaches ½ cup Water

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Monday February 26 Day 6	Tuesday February 27 Day 7	Wednesday February 28 Day 8
Cheerios 1/3 cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese 1% milk ¾ cup	Bran/Blueberry Muffin (1) 1% milk ¾ cup
Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup
Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water