



May 2018 Part Year

Tuesday May 1 Day 5	Wednesday May 2 Day 6	Thursday May 3 Day 7	Friday May 4 Day 8
Whole Wheat Butter Toast ½ Eggs (1) 1% milk ¾ cup	Cheerios 1/3 cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese 1% milk ¾ cup	Bran/Blueberry Muffin (1) 1% milk ¾ cup
Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup
Yogurt ½ cup Peaches ½ cup Water	Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water

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Monday May 7 Day 9	Tuesday May 8 Day 1	Wednesday May 9 Day 2	Thursday May 10 Day 3	Friday May 11 Day 4
Rice Krispy's 1/3 cup 1% milk ¾ cup	Oatmeal ¼ cup 1% milk ¾ cup	Biscuit ½ w/ gravy 1% milk ¾ cup	Cornflakes 1/3 cup 1% milk ¾ cup	Pancakes (1) Sausage ½ 1% milk ¾ cup
Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup	Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup	Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup
Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water	Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	Vanilla Wafers ½ cup 1% milk ½ cup Water	Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water

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Monday May 14 Day 5	Tuesday May 15 Day 6	Wednesday May 16 Day 7	Thursday May 17 Day 8	Friday May 18 Day 9
Whole Wheat Butter Toast ½ Eggs (1) 1% milk ¾ cup	Cheerios 1/3 cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese 1% milk ¾ cup	Bran/Blueberry Muffin (1) 1% milk ¾ cup	Rice Krispy's 1/3 cup 1% milk ¾ cup
Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup	Steak CN Label 1 ½ oz w/gravy Peas & Carrots ¼ cup Mashed Potatoes ¼ cup Whole Wheat Roll ½ Strawberries ¼ cup 1% milk ¾ cup
Yogurt ½ cup Peaches ½ cup Water	Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water	Goldfish Crackers ½ cup 100% Fruit Juice ½ cup Water

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Monday May 21 Day 1	Tuesday May 22 Day 2	Wednesday May 23 Day 3	Thursday May 24 Day 4	Friday May 25 Day 5
Oatmeal ¼ cup 1% milk ¾ cup	Biscuit ½ w/ gravy 1% milk ¾ cup	Cornflakes 1/3 cup 1% milk ¾ cup	Pancakes (1) Sausage ½ 1% milk ¾ cup	Whole Wheat Butter Toast ½ Eggs (1) 1% milk ¾ cup
Cheeseburger 1oz. meat CN label ½ oz cheese on Whole Wheat bun w/lettuce, tomato, pickle Fries ¼ cup Pears ¼ cup 1% milk ¾ cup	Chicken Nuggets CN Label 1 ½ oz. Sweet Potato ¼ cup Vegetable Medley ¼ cup Peaches ¼ cup ½ Whole Wheat Roll 1% milk ¾ cup	Meatloaf CN Label 1 ½ oz. Mashed Potatoes ¼ Cup Green Beans ¼ cup Whole Wheat roll ½ Mandarin Oranges ¼ cup 1% milk ¾ cup	Pinto Beans 3/8 cup Macaroni & Tomatoes ¼ cup Cooked Apples ¼ cup Cornbread ½ 1% milk ¾ cup	Pizza CN Label 1 ½ oz. Salad w/ lettuce, tomato, cucumber ¼ cup Fresh Pineapples ¼ cup 1% milk ¾ cup
Cheese It Crackers ½ cup 100% Fruit Juice ½ cup Water	Vanilla Wafers ½ cup 1% milk ½ cup Water	Ritz Crackers (4) w/ cheese 100% Orange Juice Water	Banana ½ cup 1% milk ½ cup Water	Yogurt ½ cup Peaches ½ cup Water

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Monday May 28	Tuesday May 29 Day 6	Wednesday May 30 Day 7	Thursday May 31 Day 8
HOLIDAY	Cheerios 1/3 cup 1% milk ¾ cup	Whole Grain English Muffin ½ w/ Cheese 1% milk ¾ cup	Bran/Blueberry Muffin (1) 1% milk ¾ cup
HOLIDAY	Hot Dog on Whole Wheat Bun ½ bread 1 ½ oz meat Coleslaw ¼ cup Baked Beans ¼ cup Pears ¼ cup 1% milk ¾ cup	Fish Sticks CN Label 1 ½ oz. Mustard Greens ¼ cup Macaroni & Cheese ¼ cup Mixed Fruit ¼ cup 1% milk ¾ cup	Spaghetti w/meat 1 ½ oz Corn ¼ cup Whole Wheat Roll ½ Applesauce ¼ cup 1% milk ¾ cup
HOLIDAY	Fresh Orange ½ cup 1% milk ½ cup Water	Graham Crackers (4) 1% milk 1/2 cup Water	Saltine Crackers (4) w/ cheese 1% milk ½ cup Water

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