

**Kids Central, Inc.**  
**Occupational Physical Exam Form**

Exam Date: \_\_\_/\_\_\_/\_\_\_ Time \_\_\_:\_\_\_ am/pm ( ) Pre-Employment  
( ) Annual  
( ) Other

Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_ Sex: ( ) M ( ) F

Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

Notes: \_\_\_\_\_

**PATIENT TO COMPLETE:**

Please list any allergies you may have: \_\_\_\_\_

Please list all current medications: \_\_\_\_\_

**HAVE YOU EVER HAD:**

_____ Asthma	_____ Kidney problems	_____ Nervous stomach	_____ Head injury
_____ Rheumatic fever	_____ Tuberculosis	_____ Syphilis/VD	_____ Gonorrhea
_____ Diabetes	_____ Muscular Disease	_____ Psychiatric disorder	_____ Heart problems
_____ Gastrointestinal problems	_____ Seizures, fits, convulsions	_____ Fainting	_____ Hepatitis
_____ Extensive confinement for illness	_____ Shortness of breath	_____ High blood pressure	_____ Hernia
_____ Permanent impairment from injury/illness	_____ Chest pain	_____ Carpal tunnel syndrome	_____ Arthritis
_____ Other _____		_____ Back injury	

PLEASE EXPLAIN ANY "YES" ANSWERS ABOVE: \_\_\_\_\_  
\_\_\_\_\_

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**PHYSICAL EXAMINATION:**

Vision: OD \_\_\_\_\_ OS \_\_\_\_\_ OU \_\_\_\_\_

Hearing: Right \_\_\_\_\_ Left \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

B.P. \_\_\_\_\_

Pulse \_\_\_\_\_

Resp. \_\_\_\_\_

L.M.P. \_\_\_\_\_

**Tendinitis Signs:**

Pass Fail

( ) ( ) Tinels Right

( ) ( ) Phalens Right

( ) ( ) Finkelsteins Right

Pass Fail

( ) ( ) Tinels Left

( ) ( ) Phalens Left

( ) ( ) Finkelsteins Right

**Flexibility Signs:**

Pass Fail

( ) ( ) Toe Touch \_\_\_\_\_ inches from ground

( ) ( ) Leg Raise

( ) ( ) Sit up

Notes: \_\_\_\_\_

Norm Abnorm

Explanation of abnormal findings

( )	( )	General Appearance	_____
( )	( )	Skin	_____
( )	( )	Ears	_____
( )	( )	Eyes	_____
( )	( )	Head	_____
( )	( )	Neck	_____
( )	( )	Lungs	_____
( )	( )	Thorax	_____
( )	( )	Heart	_____
( )	( )	Abdomen	_____ Hernia? _____
( )	( )	Spine	_____
( )	( )	Extremities	_____
( )	( )	Reflexes: Rhomberg	_____ Pupils _____
		Knee jerks:	
		Right	( ) Normal ( ) Increased ( ) Absent _____
		Left	( ) Normal ( ) Increased ( ) Absent _____

**GENERAL COMMENTS:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**In my opinion, this employee is:**

( ) **Able to perform the essential functions of his/her job**

( ) **Able to perform the essential functions of his/her job with the following restrictions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

( ) **Performing his/her job would pose a direct threat to this employee or others in the workplace. As per Section 1630.2(r) under the Americans with Disabilities Act, only assessments that directly impact the performance of essential job functions were considered in my opinion.**

**PATIENTS WITH ABNORMAL FINDINGS MUST SIGN BELOW:**

*I have been notified of my evaluation results indicating the above findings. I have been advised by the Occupational Medicine Physician to notify my family physician with a copy of these results as soon as possible.*

X \_\_\_\_\_ (Employee's signature)

**EXAMINED BY:** \_\_\_\_\_ (Physician's Signature)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Physician's Printed Name  
\_\_\_\_\_  
\_\_\_\_\_ Address  
\_\_\_\_\_  
\_\_\_\_\_ Telephone Number