



# Dietary Action Plan



H-338

Child's Name \_\_\_\_\_

D.O.B. \_\_\_/\_\_\_/\_\_\_

Check the dietary action plan that applies to this child:

Please list the restricted foods for the child and the reason for restriction:

---

---

---

Gluten-Free Diet

Lactose Intolerant

Diabetic

Kosher/Religious

Other \_\_\_\_\_

Instructions for staff to follow and steps to take in case of accidental ingestion:

---

---

---

Accidental ingestion requires no additional steps beyond parent notification.

Call parent/guardian: \_\_\_\_\_

Phone #

Call Emergency Contact \_\_\_\_\_

Phone #

\_\_\_\_\_

Parent's Signature

\_\_\_/\_\_\_/\_\_\_

Date

\_\_\_\_\_

Physician's Signature

\_\_\_/\_\_\_/\_\_\_

Date

Menu alterations have been reviewed/approved by Dietician.

\_\_\_\_\_

Dietician Signature