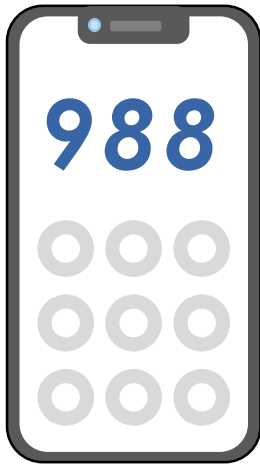


New!

988 SUICIDE & CRISIS LIFELINE



Call or Text 988 for Free, Confidential, 24/7 Mental Health Support

On July 16, 2022, the U.S. is transitioning to using the 988-dialing code to operate through the existing National Suicide Prevention Lifeline (1-800-273-8255).

Facts About 988



Accessible. It serves as a universal entry point so that no matter where you live, you can reach a trained crisis counselor who can help people in suicidal crisis or mental health-related distress 24 hours a day, 7 days a week, across the U.S.



Comprehensive. 988 is a direct connection to compassionate care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.



For Everyone. People can also dial 988 if they are worried about a loved one or someone who may need crisis support.

To learn more about 988, visit:
bit.ly/988forHope

